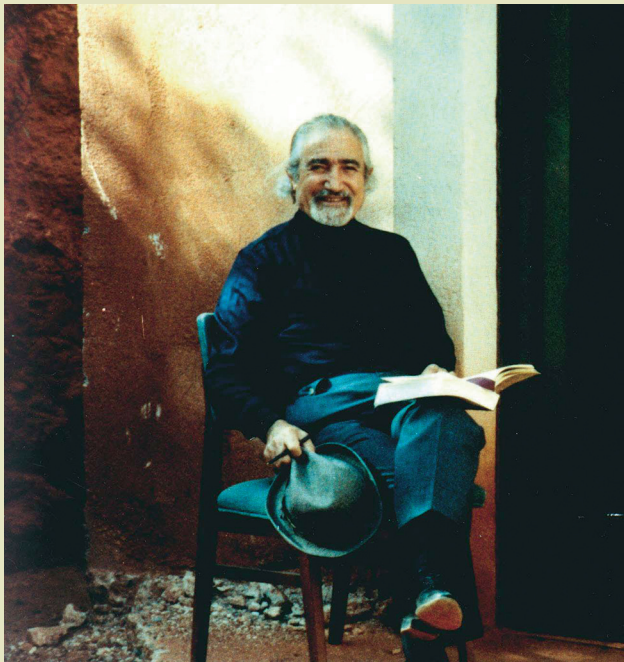


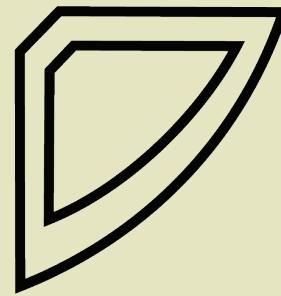
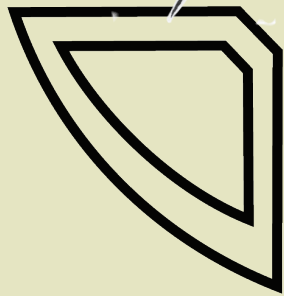
TSG Catalog

Books - Booklets - Music

The Creative Works of Torkom Saraydarian



T. Saraydarian



TSG Foundation, Inc.



About The Publisher

TSG Publishing Foundation, Inc.

Gita Saraydarian
President & Founder

TSG Publishing Foundation, Inc., serving the community since 1987! *Building bridges to happiness joy, and bliss.*

TSG Publishing Foundation, Inc. is a nonprofit, tax-exempt organization. Founded on November 30, 1987 in Los Angeles, California, relocated to Cave Creek, Arizona on January 1, 1994, and the New TSG Center building was completed and officially opened in Spring of 2023 in Scottsdale Arizona.

Our purpose is to publish, distribute, teach, and archive all of Torkom Saraydarian's creative works.

Our mission is to make all the creative works accessible and available in multiple platforms, in perpetuity.

Our office and online bookstore offer the complete collection of the creative works of Torkom Saraydarian for sale and distribution.

We also conduct classes, special training seminars, annual conferences in the United States and internationally, and home study meditation courses.

For all TSG products and services, including details about our current and upcoming activities and events, and to receive our free e-mail updates — the TSG Bulletin, please visit us online at: www.tsgfoundation.org

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TSG Catalog: Books - Booklets - Music

The Creative Works of Torkom Saraydarian

See also TSG website for a prolific selection of lectures and articles by Gita Saraydarian.

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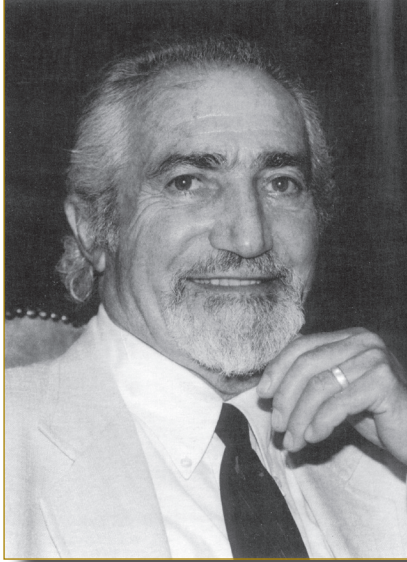
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About the Author

Torkom Saraydarian (1917–1997) was born in Asia Minor. Since childhood he was trained in the Teachings of the Ageless Wisdom.

Torkom Saraydarian visited monasteries, ancient temples, and mystery schools in order to find the answers to his questions about the mystery of man and the Universe.

He lived with Sufis, Dervishes, Christian mystics, and masters of temple music and dance. His musical training included the violin, piano, oud, cello, and guitar. It took long years of discipline and sacrifice to absorb the Ageless Wisdom from its true sources. Meditation became a part of his daily life, and service a natural expression of his soul.

Torkom Saraydarian dedicated his entire life to the service of his fellow man. His writings and lectures and music show his total devotion to the higher principles, values, and laws that are present in all world religions and philosophies. These works represent a synthesis of the best and most beautiful in the sacred cultures of the world. His works enrich the foundational thinking on which we can construct our future.

He wrote a large number of books, many of which have been published and translated into other languages.

In His Own Words

*How I Write...**

Many people ask me how I am receiving my books or lectures, and they further inquire if I am a channel, medium, or a prophet. To be very serious, I am not a channel, medium, or prophet.

“Then,” they say, “how do you write all these books?”

... The world is changing. People are disillusioned by false teachings. Very soon people will demand those who can teach and be examples of big thinking. People who have vision and can see beyond their sex, stomach, ego, vanity, and hurt feelings will work for that vision as best they can.

Think great.

Know that everything great is possible for you.

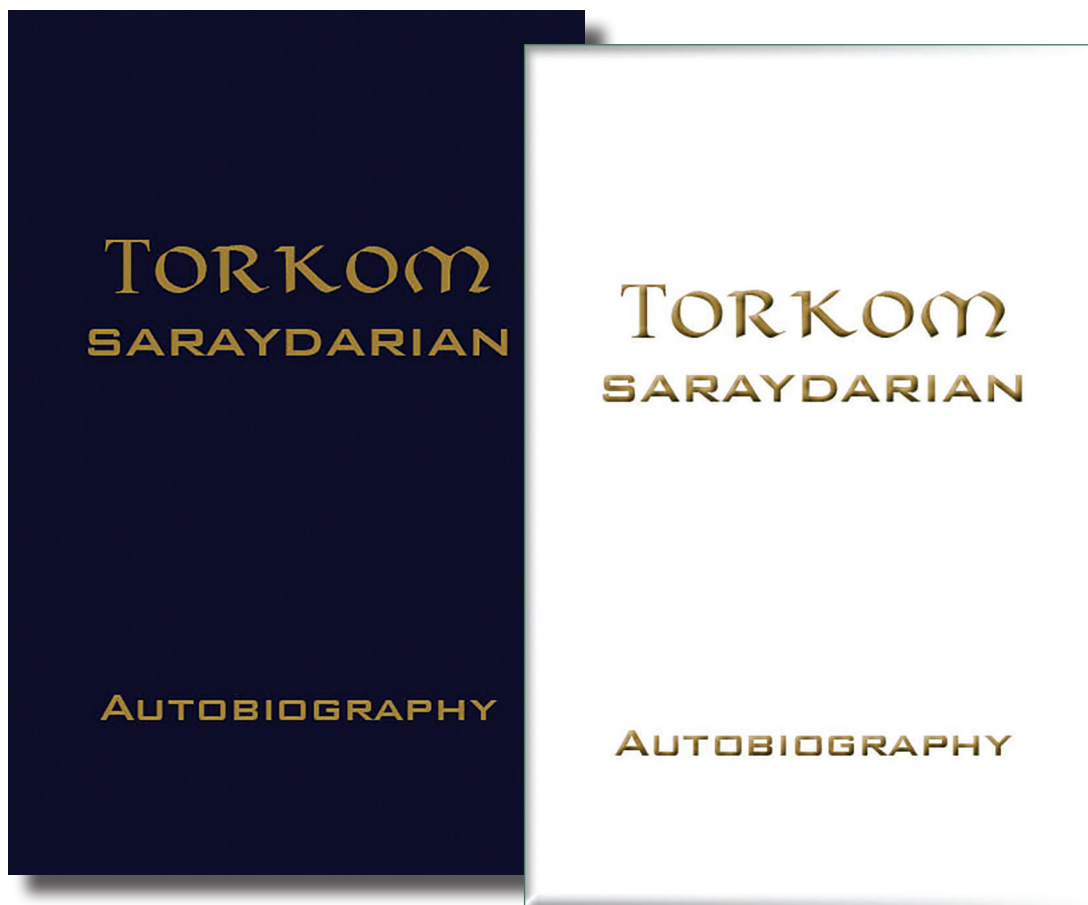
Hold fast to your vision.

Have faith in invisible forces.

Know that the greater

you think, the closer you are to God...

*Taken from Torkom Saraydarian - *Autobiography*, Ch. 68.



Torkom Saraydarian - Autobiography is Torkom's fascinating narrative of his life and his spiritual journey.

Available in hardcover and softcover. See page 9 in catalog for details.

DISCOUNT on sets - multiple-volume books

Purchase the books that have multiple volumes as sets and receive a discount. These are books that have more than 1 volume. For example:

- *Consciousness*: 3-volume set
- *Cosmic Questions*: 3-volume set
- *Education as Transformation*: 2-volume set
- *From My Heart*: 3-volume set
- *Leadership*: 5-volume set
- *Meditation*: 3-volume set
- *Solar Angel*: 2-volume set
- *Talks on Agni*: 3-volume set
- *Teachings of Christ*: 4-volume set
- *Virtues & Values*: 3-volume set
- *Vision Series*: 7-volume set
- *Wisdom of the Zodiac*: 4-volume set

*Including discount on the entire set of *12-Family Series Booklet*, when ordered as a set (see p. 47).

The multiple-volume discount applies to any books/booklets that have more than one volume and is purchased as an entire set during ordering. Also visit the website for **other special discounts including damaged book sales**.

The Ageless Wisdom

\$16.00

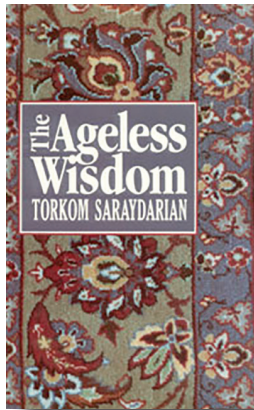
Softcover

0-929874-13-7

ISBN

335

Pages



The Ageless Wisdom presents the idea of a source of human dignity and beauty common to people from all religious, cultural, and philosophical viewpoints and backgrounds.

The ageless wisdom, writes Torkom, is “not historical information.” It is about “the treasury of the knowledge of self-actualization.... Every page of *The Ageless Wisdom* urges us to be something higher than we are in our beingness, urges us to offer something greater to humanity than what was offered in the past.” The goal of this Teaching, he says, is “to create a new world.”

—See the TSG Spiritual University catalog for study courses.

The Art of Teaching

Training for Teachers of the Ageless Wisdom

\$45.00

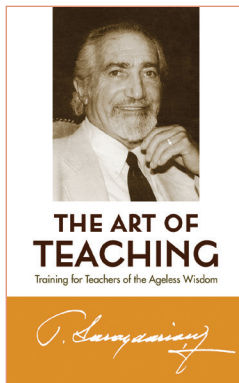
Softcover

1-937024-49-0

ISBN

437

Pages



The Art of Teaching is based on a series of seminars and lectures about training teachers in which Torkom describes the critical issues inherent in studying and presenting the Teaching.

Torkom’s materials present the Teaching, as a sacred responsibility entrusted to us to be communicated with respect and righteousness.

Ultimately, it says, the most important way to spread the Teaching is to live the Teaching.

—See the TSG Spiritual University catalog for study courses.

Ashrams

\$25.00

Softcover

0-929874-32-3

ISBN

227

Pages



Ashrams reveals the deeper meaning of group consciousness and group effort. Understanding Ashrams is not simply an intellectual pursuit; it is experiential.

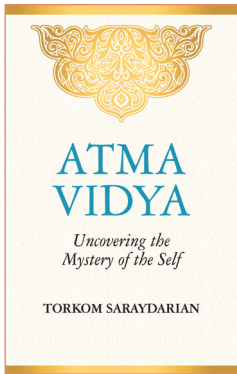
The esoteric interpretation defines “Ashram” as a sphere of consciousness or a field of consciousness. ... An Ashram can be in many places at the same time, without being in any specific location, and it can be totally without inhabitants. It is a sphere of consciousness in which people are tuned with one another.

(P. 11) —Torkom Saraydarian

Atma Vidya

Uncovering the Mystery of the Self

\$45.00 **193702462-8** **578**
Softcover *ISBN* *Pages*



Atma Vidya means the science of knowing your immortal Self, the eternally-present substance in all beings.

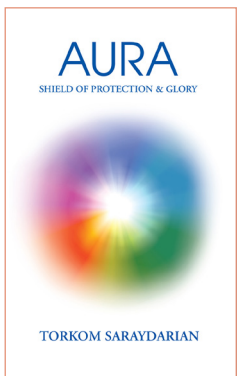
In this book, Torkom Saraydarian uncovers the mystery of the True Self. He presents a detailed account of what is the eternal, immortal Self and how to reach the understanding of the Self and eventually become our True Self.

Torkom describes the process of the Spark emerging from the whole and going on a journey of development, actualization, evolution, and individualization, eventually becoming an individualized Self.

Aura

Shield of Protection and Glory

\$28.00 **978-0-929874-06-7** **240**
Softcover *ISBN* *Pages*



Aura contains detailed information about the aura and its role as the protector and nourisher of the entire human body.

It describes the aura, what it looks like, what colors it has, how various zodiacal signs, colors, and sounds affect it, and how we can strengthen our aura so that it can protect and nourish us.

Autobiography

Hardcover (D/Blue) & Softcover (White)

\$50.00 **978-1-937024-23-9** **780**
Softcover *ISBN- Soft* *Pages*

\$100.00 **978-1-937024-22-2** **780**
Hardcover *ISBN- Hard* *Pages*



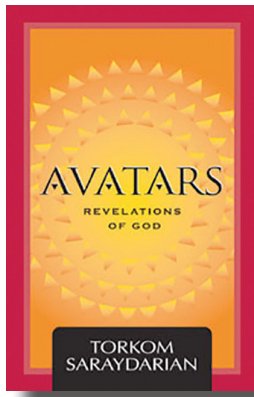
Torkom Saraydarian - Autobiography is Torkom's fascinating narrative of his life and his spiritual journey.

Learn about his delightful experiences with his father and mother; his early adult experiences in teaching school, working for the railroad, the air force; and slowly moving toward his passion to understand the mysteries of life and the esoteric Teachings as he is ordained as a minister, starts an esoteric group, writes books, and travels the world. It closes with his last insights and guidance to all of us as we face our own life and our own future.

Also included: An annotated chronology of his life, extensive interviews, and the story of the how the Autobiography came to be, written by his daughter and president of TSG Publishing Foundation, Gita Saraydarian.

Avatars Revelations of God

\$35.00 **0-929874-90-6** **474**
Softcover *ISBN* *Pages*

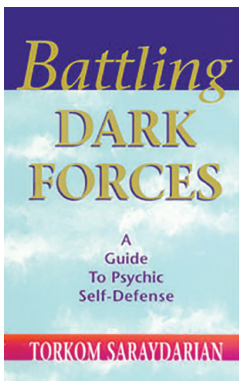


Avatars - Revelations of God is a collection of Torkom’s seminars, lectures, and written materials on the subject of Avatars. Torkom lectured and wrote about the subject from 1969 to 1996, a total of 27 years! The chapters are arranged in date order so that you can appreciate the unveiling of this mysterious topic.

The great mystery which we call God, or the One we do not know, expresses and unveils Himself age after age through great Revelations — and these Revelations are called Avatars. (P. 11) —Torkom Saraydarian

Battling Dark Forces A Guide to Psychic Self-Defense

\$18.95 **0-9456203-2-1** **430**
Softcover *ISBN* *Pages*



Battling Dark Forces presents a clear description of who and what are the dark forces, their origin and purpose. Most importantly, it describes how to avoid tuning into the dark energies of life, how to protect yourself, and how to gain victory over these forces. This is a recipe for a sane and safe spiritual discipline. Read this book before you start on any serious spiritual life!

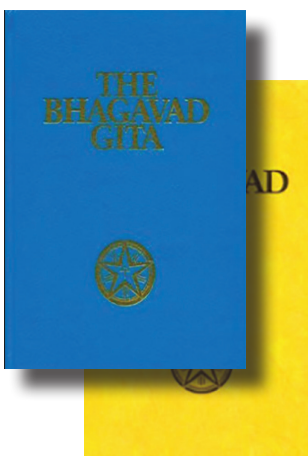
Life is often a battle. We are bombarded daily by forces inside and outside of ourselves which lead us away from health, happiness, and personal well-being. Outside forces do not always think of our best interests; they are not always benevolent. Every individual needs to be conscious of the forces that try to block our health and well-being as well as the health and well-being of our families, marriages, and our sanity and prosperity.

The Bhagavad Gita As Translated by Torkom Saraydarian

\$15.00 **978-0-911794-36-6** **95**
Hardcover-Blue *ISBN* *Pages*

Available in hardcover only.

Softcover out of print for the moment.



The Bhagavad Gita is a translation done from the original sources in comparison with more than fifty translations in English, in French, and in Armenian.

Bhagavad Gita is the epic poem contained in the larger allegorical drama, the *Mahabharata*. It is written in a beautiful verse form, easy to understand, and is particularly suited for meditative study.

The story depicts the personal struggle of the warrior Arjuna when he is faced with the difficult choices of deciding what in his life needs to be renounced and what needs to be embraced. As a response to the warrior’s despondency and inability to deal with the crisis, the Teacher explains the basic tenets of the Ageless Wisdom.

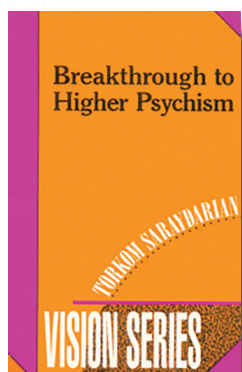
Breakthrough to Higher Psychism \$10.95 978-0-929874-15-9 136

***Vision Series - Book #1**

Softcover

ISBN

Pages



Breakthrough to Higher Psychism clearly differentiates what is true higher psychism as compared to lower psychism. Lower psychism, it explains, consists of mediumship, channeling, and other such practices. Lower psychics are in danger of being controlled by entities, astral corpses. Higher psychism is the ability to use the developed powers of the soul. Higher psychics are able to exist in higher planes and contact true spiritual knowledge. The potential for higher psychism exists in everyone.

***Vision Series:** A dynamic series of books (1-7) designed to provide in-depth explanations on single topics. These books are written in a style that is practical for both the beginner and advanced student. (Discount available on entire set of 7 books.)

Buddha Sutra

A Dialogue with the Glorious One

\$25.00

978-0-929874-36-4

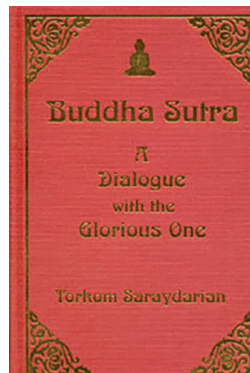
441

Hardcover only

Hardcover

ISBN

Pages



Buddha Sutra written in verse form, is an excellent book for meditation and contemplative study of the teachings of Lord Buddha.

Each portion of this book is written with devotion to the Lord Buddha, relating His teachings to the teaching of Christ and to the Ageless Wisdom given through many traditions.

I suggest that this book be read slowly with reflective meditation and contemplation. I am sure the effect will be very beneficial in your daily life and in your approach to the problems of life and death and to the social and economic problems of the world. It will especially help you not to be carried away with the various difficulties confronting you in the world and in the pains and sufferings of the world.... (P. 5) —Torkom Saraydarian

Building an Ashramic Group

**Series of Group Discussions with
Torkom Saraydarian**

\$30.00

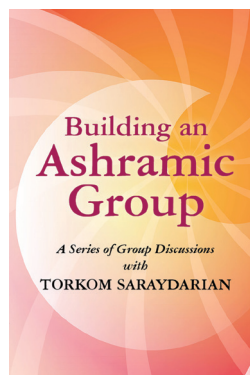
978-1-937024-65-9

284

Softcover

ISBN

Pages



Building an Ashramic Group transports the reader to sit with Torkom and a small group of students and listen to his comments and guidance as he discusses with them the fundamentals of group consciousness. Using an excerpt from Alice A. Bailey's *Letters on Occult Meditation* as a foundation, Torkom unfold the meaning of Ashramic membership and Hierarchical relationship.

This is a transcription of a series of meetings that took place between January 1989 and July 1990. It demonstrates how an ideal, while started in a specific period in time and space, may bear fruit many years later.

Challenge for Discipleship

Hardcover & Softcover

\$25.00 978-0-911794-51-9 532
Softcover ISBN- Soft Pages

\$30.00 978-0-911794-50-2 532
Hardcover ISBN- Hard Pages



Challenge for Discipleship is a textbook on how to give birth to your soul, your treasury of wisdom and depth.

Torkom would often comment on the fact that one could read this book for the rest of his or her life and see something deep each time a section is read. He said he often read this book and was continuously inspired by it.

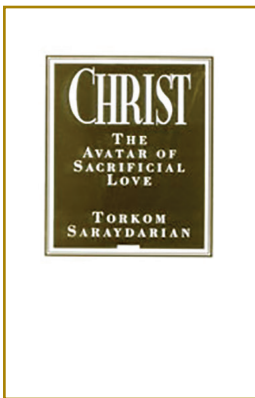
A disciple is able to think, to speak, and to act independently without serving the interests of separate parties. He is also able to keep silent, to renounce, and to disappear. He is often recognized by what he does not do and by what he does not say or even think. He is able not to follow associative suggestions and bribery; he keeps his mind clear. (P. ix) —Torkom Saraydarian

Christ

The Avatar of Sacrificial Love

\$15.00 978-0-911794-69-4 277
Softcover ISBN Pages

\$20.00 978-0-911794-700 302
Hardcover ISBN Pages



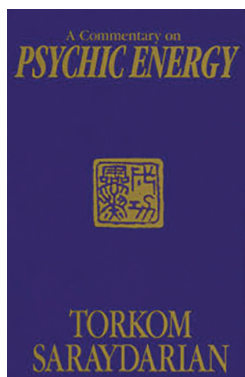
Christ is based on information from the Gnostic traditions of the Teachings of Christ and esoteric traditions and writings of early Church leaders. **Christ, The Avatar of Sacrificial Love** explores the deeper, esoteric meaning of the life and teachings of Christ.

This book contains especially beautiful sections on Mother Mary, the Birth, Jesus and the Christ, and the way to Christ today.

... Christ worked so hard throughout the ages, sacrificed so much, and tried to live His life so close to the divine Plan for man that He became, in a sense, the embodiment or a progressively unfolding embodiment or symbol of the Plan. (P. 24) —Torkom Saraydarian

A Commentary on Psychic Energy

\$14.00 978-0-929874-12-8 240
Softcover ISBN Pages



A Commentary on Psychic Energy defines psychic energy as the power of your soul. It comes from the energy of space. It can be cultivated, increased, and used in your life for healing and upliftment. It is the energy that gives you power to persevere in life.

Psychic energy is also the fire of your heart. This is the essence of psychic energy. Psychic energy puts your heart in contact with the distant Heart of the Cosmos, and your heart is filled with the treasury of the Cosmic Heart.

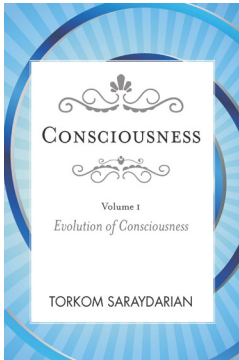
This is how you can find right direction in every part of your life. This is how you can tune into the greater rhythm of life and find serenity and balance.

Consciousness - Volume 1

Evolution of Consciousness

(2nd Printing)

\$48.00 978-1-937024-28-4 437
Softcover ISBN Pages



Consciousness - Volume 1: *The Evolution of Consciousness* discusses consciousness as the light of the human soul and then explains how to develop it, how it is expanded or contracted, how it evolves, how it is hindered, what is sanity and insanity, what are our duties and responsibilities, and more. Torkom is an intense guide, relentlessly pushing and expanding our ability to perceive what it means to be a conscious human being.

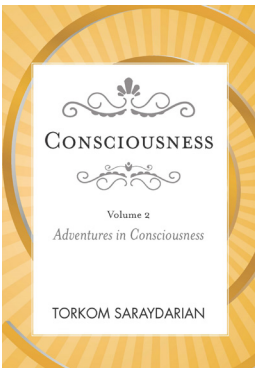
Journey to the far reaches of the Universe with Torkom Saraydarian in the first of a three-volume collection on the meaning of consciousness.

Consciousness - Volume 2

Adventures in Consciousness

(2nd Printing)

\$48.00 978-1-937024-29-1 443
Softcover ISBN Pages



Consciousness - Volume 2: *Adventures in Consciousness* states “Every human being has an innate drive to be conscious and then to be more conscious because he feels that it is through his increasing consciousness that he can enjoy life, be a benevolent force in Nature, and penetrate into greater treasuries of the Universe.”

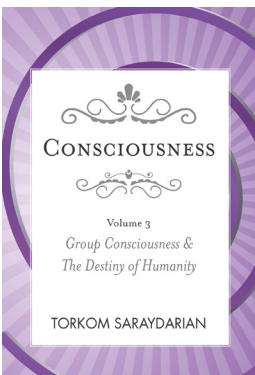
The second volume explains the process of expansion, communication, the role of thinking in consciousness, the negative and positive factors that come into play, how to deal with troubled states of consciousness, the chemistry of the bodies, and infinite levels of consciousness.

Consciousness - Volume 3

Group Consciousness & the Destiny of Humanity

(2nd Printing)

\$48.00 978-1-937024-30-7 335
Softcover ISBN Pages

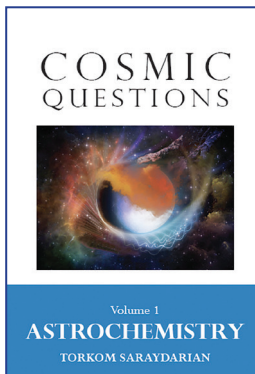


Consciousness - Volume 3: *The Group Consciousness & The Destiny of Humanity* is the pivotal conclusion to the study of consciousness. As human beings expand their process of thinking and understanding greater aspects of life and interrelationships with all life forms, a sense of responsibility and group consciousness begins to form. Group is defined as our family, community, nation, the international community of nations, and even the whole existence...

Torkom states, *The greatest demand and need for the coming hundred years are group consciousness, group work, and group cooperation. Those who cultivate group consciousness will survive and advance toward a glorious future. Those who try to base their life on the foundation of past interests, personal glory, and partisanship will slowly fade away.* (P. viii)

Cosmic Questions Volume 1: Astrochemistry

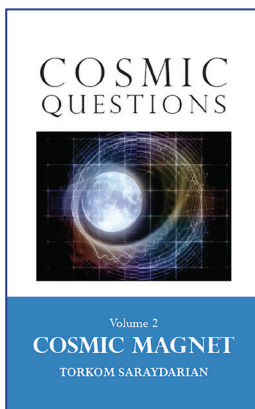
\$20.00 978-1-937024-46-8 152
Softcover ISBN Pages



Cosmic Questions - Volume 1: Torkom discusses the chemistry of space and the chemistry of creation. He maps and explains how the interrelationship of the parts to the whole creates chemistry and causes change in life. He states: “The whole existence and its activities are the result of astrochemistry.”

Cosmic Questions Volume 2: Cosmic Magnet

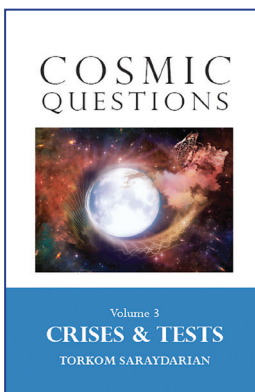
\$30.00 978-1-937024-47-5 296
Softcover ISBN Pages



Cosmic Questions - Volume 2: Torkom discusses the existence of the Cosmic Magnet, the Core of our Galaxy that “permeates all creation through Its field of energy; through Its energy threads It leads each atom, form, planet, and galaxy toward the Purpose of Life.” In this volume, Torkom builds a basis for the deep sense of responsibility that we must cultivate for all of life. He writes, “If we can realize that what we do, what we speak and feel, what we think and plan are instantaneously released into space, and all people everywhere are affected by them and in their higher consciousness are aware of them, then we would be careful of our actions, feelings, and thoughts.”

Cosmic Questions Volume 3: Crises & Tests

\$35.00 978-1-937024-48-2 425
Softcover ISBN Pages

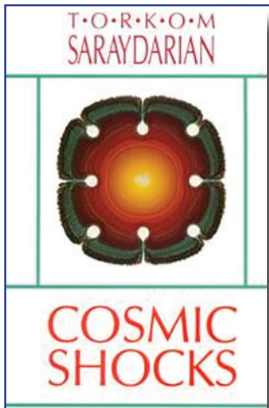


Cosmic Questions - Volume 3: this final volume expands the themes of the human-Cosmic connection and the all-embracing Law of Cause and Effect. Torkom ends his instructions with this message of hope and inspiration:

Live as if you are a part of the universal mechanism in your own level and work synchronously with it to accomplish your own and the universal Purpose. After powerful struggles with chaotic forces, this will give you power and health. But eventually you will be a conscious part of the whole, the strength of which is omnipotent. (P. 411) —Torkom Saraydarian

Cosmic Shocks

\$18.00 978-0-929874-09-8 182
Softcover ISBN Pages



Cosmic Shocks: In this book we learn that the causes of crises are complex and can stem from conditions within the Cosmos as well as within the individual.

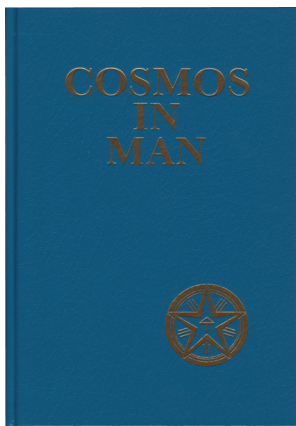
Cosmic Shocks shows how it is possible to deal with crises effectively and use them for growth and change. This book can be used as a workbook to resolve the cosmic shocks in your life.

In an atmosphere of joyful expectancy, crises become opportunities, moments of enlightenment and initiation, moments of great opportunity to demonstrate all our aspirations to serve and sacrifice. (P. 138) —Torkom Saraydarian

Cosmos in Man

Hardcover Only

\$25.00 978-0-911794-31-1 278
Hardcover ISBN Pages

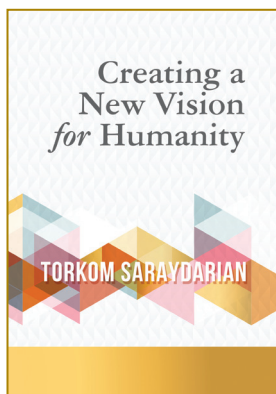


Cosmos in Man introduces the fundamentals of the Ageless Wisdom Teachings such as searching for wisdom, evolution, the aura, rounds and chains, the Seven Rays, meditation, the Plan, visualizing the Master, Wesak, karma, psychism, mediums, the wisdom of love, OM and AUM, and spiritual sources of energy.

“In the grand design of the universe, human destiny is to manifest universal order and harmony.” (Preface) The author writes, “Man is Infinity. When we know man we will know the Cosmos. Man is not only a replica of Cosmos, but a living mirror of all that transpires in Cosmos. In the future man will be able to use a living human form to forecast coming events on the planet and in Cosmos. Man is the most sensitive instrument ever created in the Universe...” (P. 15)

Creating a New Vision For Humanity

\$40.00 978-1-937024-63-5 498
Softcover ISBN Pages



Creating a New Vision for Humanity urges us to Embrace a new vision.

“Find your vision, seize it, and make the needed changes to actualize your vision,” writes Gita Saraydarian in her introductory message.

Throughout this book, Torkom clarifies and defines the many aspects, challenges, and requirements to actualize your vision. Vision is the intuitive or higher perception of the purpose, as it relates to the future. How do you actualize it? (P. 440)

The Creative Fire

\$35.00 978-0-929874-22-7 600
Softcover ISBN Pages



The Creative Fire is about living a life that changes transiency into Infinity; transforms the ego into the Divine Self; brings harmony and cooperation out of chaos, and creates unity out of cleavages.

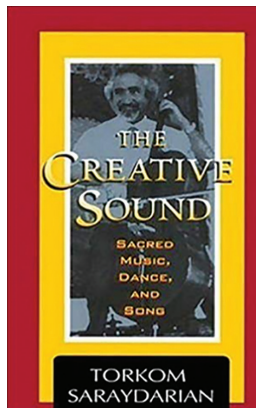
Creativity is the labor to manifest beauty....to build wings for your freedom...

Creativity is physical, emotional, mental, and spiritual action to change darkness into light..... As long as you try to bring light into dark places, into minds, into people's souls, into homes, into organizations, you are a creative person.....

(P. 9) —Torkom Saraydarian

The Creative Sound Sacred Music, Dance, and Song

\$25.00 978-0-929874-68-5 360
Softcover ISBN Pages



The Creative Sound provides an excellent guide on how to sing, how to do sacred dance, and the reasons for these disciplines.

Sacred music and temple dance are presented as techniques to develop intuitional awareness and integrate our physical, emotional, and mental bodies and thus to achieve a higher level of health.

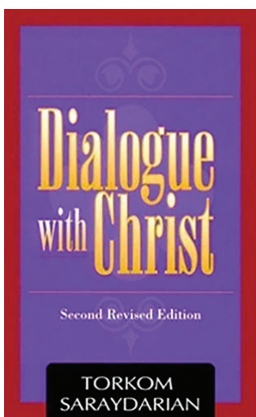
—See Torkom's inspiring music albums for expressions of profound creative insights in music and rhythm.

(For music information: see page 50-54 in this catalog.)

Dialogue with Christ

(2nd Revised Edition)

\$25.00 978-0-929874-30-2 288
Softcover ISBN Pages

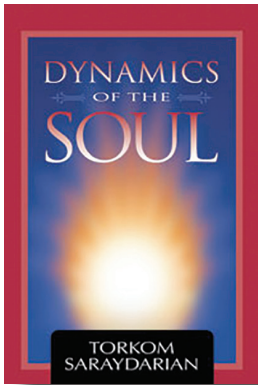


Dialogue with Christ represents a personal yet universal yearning to contact Christ and understand His true message, Torkom Saraydarian's questions are our own; his doubts, ours; his anger, ours; his recognition, ours. This dialogue presents a measure, an inspiration, a striving, an expanded sense of spiritual responsibility.

Go on a journey with Torkom and ask the questions that you always wanted to ask a Great One. Then see how the answers are contained in the questions and slowly, slowly, the fog lifts and the clarity of the Teachings of the Great Ones emerges and becomes visible.

Dynamics of the Soul

\$25.00 978-0-929874-01-2 344
Softcover ISBN Pages



Dynamics of the Soul is a clear explanation about the growth, development and blooming of the human soul, which is often confused with the Solar Angel or the Soul.

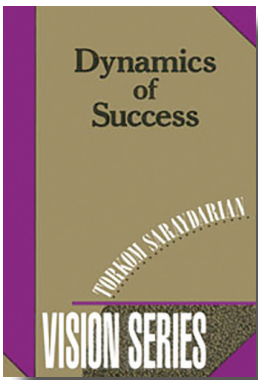
It answers questions such as what is the human soul? What is the Soul? What is the Solar Angel? What is the Higher Self and how is it different from the Inner Self?

—See the series of lectures on building the home of the human soul, the Chalice, a 9-part set by Gita Saraydarian available on audio and video.

Dynamics of Success

Vision Series - Book#5

\$8.95 978-0-929874-26-5 136
Softcover ISBN Pages



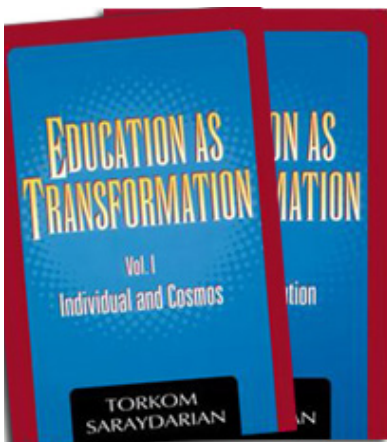
Dynamics of Success presents an integrated approach to the true and complete meaning of success. The author reveals the three avenues of success: physical, material, and spiritual qualities that we need to cultivate, and the specific hindrances that must be eliminated before success and prosperity can be had and enjoyed.

Education as Transformation - Vol. 1

\$25.00 978-0-929874-39-5 512
Softcover ISBN Pages

Education as Transformation - Vol. 2

\$25.00 978-0-929874-40-1 429
Softcover ISBN Pages



Education as Transformation - Volume 1 is a call for true, higher education that is built on non-sectarian learning and on the understanding and expression of the universal laws.

Education as Transformation - Volume 2 discusses these issues, and helps us understand how we can take positive steps now to contribute to the new era of education.

Education must be the life-giving current in each field to push it forward toward perfection and toward creating synthesis with every other field... (Vol. 2, p. 54) —Torkom Saraydarian

Esoteric Science of Healing

\$65.00

Softcover

978-1-937024-35-2

ISBN

884

Pages



Esoteric Science of Healing is a companion to the book *New Dimensions in Healing*. Many of the more complex details from *New Dimensions in Healing* are expanded in simple and practical language. Torkom Saraydarian often gave lectures, classes, seminars and instructions on healing, and they have been collected in these two volumes. As in the popular *New Dimensions*, *Esoteric Science* includes many exercises as well as the esoteric fundamentals of physical, emotional, mental, and spiritual healing.

The Eyes of Hierarchy

\$15.00

Softcover

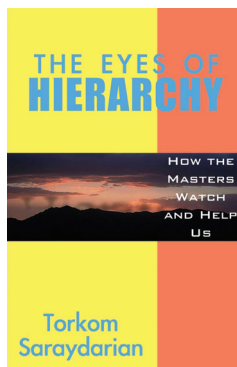
978-0-9656203-3-8

ISBN

200

Pages

How the Masters Watch and Help Us



The Eyes of Hierarchy introduces a group of spiritually-advanced men and women who watch over us, guide and inspire us to our divine destiny.

Torkom says of Them, “They stand for us as visions on the path of Light.”
(P. viii) —Torkom Saraydarian

Family - Foundation of Human Society

\$65.00

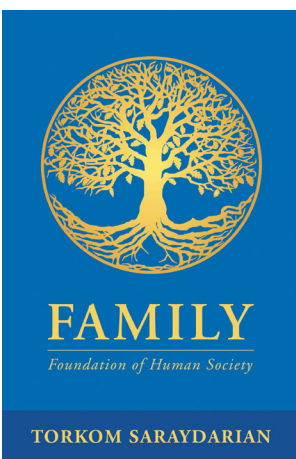
Softcover

978-1-937024-66-6

ISBN

635

Pages



Family - Foundation of Human Society

Every problem in the world is an exaggeration of family problems.

Torkom Saraydarian, p. 523.

In this book, Torkom addresses the foundation of family life and the interrelations within the family that contribute to the growth and expansion of human life. He covers the major topics of the creative power of sex, the mother, the father, the children, and the family as a whole.

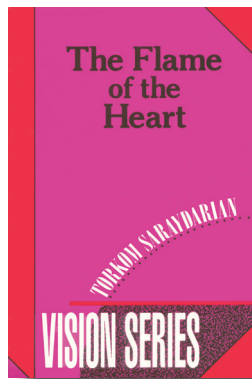
The Flame of Beauty, Culture, Love, Joy \$15.00 978-0-911794-02-1 210
Softcover ISBN Pages



The Flame of Beauty, Culture, Love, Joy celebrates the highest achievement of the human soul: the moment of identification with the principle of Beauty. The purpose of life on any level, it says, is the expression of beauty. We are created to manifest beauty.

Culture is defined as the translation and interpretation of beauty; love as the most powerful energy, the core of which is within the human being....; and joy as the “fragrance of our spiritual chalice.”

The Flame of the Heart \$12.95 978-0-929874-02-9 264
Vision Series - Book#4 *Softcover ISBN Pages*



The Flame of the Heart is about the heart, its virtues, its radiations, and its connection to the Cosmic Heart. Guidelines are given for the cultivation and protection of the heart.

Heart-centered living means understanding, forgiveness, compassion, and tolerance toward the challenges of life. It is the greatest gift we can give to ourselves and our loved ones.

From My Heart - Vol. 1 \$35.00 978-0-929874-19-7 504
Hardcover ISBN Pages
From My Heart - Vol. 2 \$35.00 978-1-937024-18-5 515
Softcover ISBN Pages
From My Heart - Vol. 3 \$35.00 978-1-937024-19-2 501
Softcover ISBN Pages

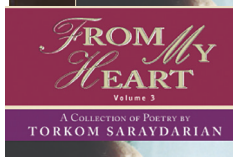
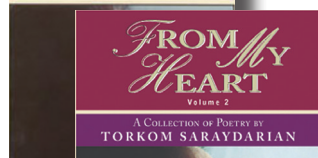
Collection of Poetry

From My Heart is a three-volume collection of poetry depicting the inner journey of Torkom Saraydarian at its deepest and most intimate.

Reading a person’s poetry is the best way to go inside the working of his heart and mind. You will be able to see rare glimpses of the real person as he struggles and tries to understand the path of his life and all the people and events that gave it meaning and depth.

You will be moved to joy, tears, and wonderment as you read these poems about his philosophy, his parents, his sisters, his childhood, and his deep inner yearnings.

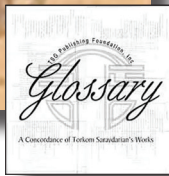
Readers of poems are not average people. They have abstract and practical minds, plus the light of Intuition. It is very important to have creative imagination and visualization to catch echoes of the poems that no average ear can hear. (Vol. 2, p. 7) —Torkom Saraydarian



Glossary

A Concordance of Torkom Saraydarian's Works

\$75.00 **978-0-929874-82-1** **474**
Softcover *ISBN* *Pages*
Spiral-Bound



Glossary: The *Glossary* represents several years of labor by dedicated coworkers. Organized in alphabetical order, it contains thousands of words and phrases that have been used by Torkom in his writings and speeches. The explanation of each entry is taken directly from his books so you will be reading his words and see the context in which they were used. This will give you a brief introduction to a word or a phrase and, if you wish to read more, you can easily go to the sources for more information.

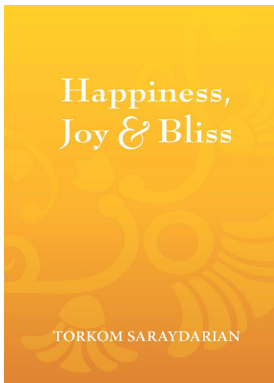
These entries can be used as a learning tool, as a quick reference, as seed thoughts for meditation, and as a teaching tool.

—**Also available on CD.** Easy to use CD format of the Glossary. For quick reference guide that you can take with you. (\$75.00)

Happiness, Joy & Bliss

(2nd Printing)

\$55.00 **978-1-937024-17-8** **514**
Softcover *ISBN* *Pages*



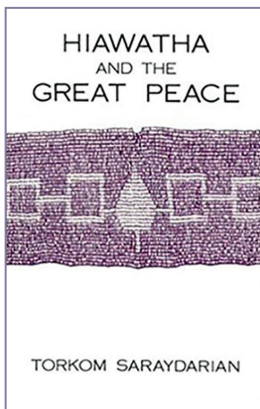
Happiness, Joy & Bliss includes never before published teachings from Torkom's writings, seminars, and personal experiences on the process of being happy, sustaining happiness and building it into joy and then moving the inner joy to bliss.

One of the sources of joy is the feeling of gratitude. The feeling of gratitude releases the joy in your heart and brings peace to your body, emotions, and mind.... (P. 9) —Torkom Saraydarian

Included are over 50 exercises to increase your happiness and joy, to heal and forgive, to overcome adversities and past injuries and much more.

Hiawatha and the Great Peace

\$15.00 **978-0-911794-28-1** **207**
Softcover *ISBN* *Pages*

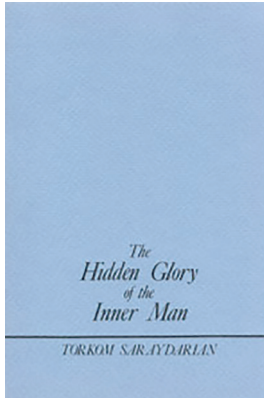


\$20.00 **978-0-911794-25-0** **207**
Hardcover *ISBN* *Pages*

Hiawatha and the Great Peace is the story told in symbolic language of the life and great political contributions made by the Native American hero Hiawatha, a great leader, a statesman, and visionary who gave his nation "The Great Peace" or the Confederacy of the Five Nations. This unique constitution later formed the basis for the Constitution of the United States.

Great men are not physical existences only. They have a great reservoir of spiritual values and experiences, which make them magnetic, creative, inspiring, and highly influential. (P. vii) —Torkom Saraydarian

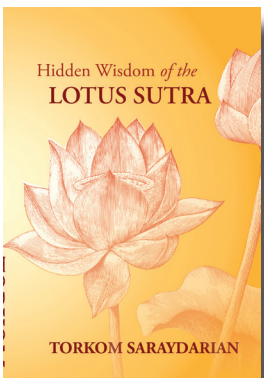
The Hidden Glory of the Inner Man \$12.00 978-0-911794-16-8 150
Softcover ISBN Pages



The Hidden Glory of the Inner Man gives a clear explanation of the journey of the human soul from being an unconscious Spark to finally becoming the True Self.

It is a fundamental introduction to the role of the Solar Angel, the human soul, and the personality in the life and development of the human being.

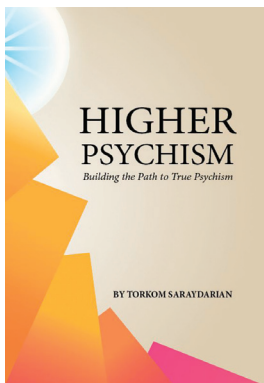
Hidden Wisdom of the Lotus Sutra \$65.00 978-1-937024-64-2 677
Softcover ISBN Pages



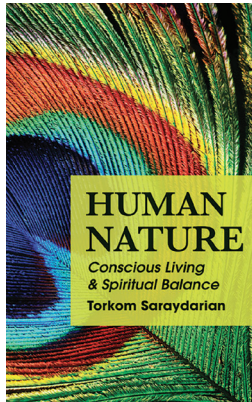
Hidden Wisdom of the Lotus Sutra: The entire *Lotus Sutra* is the Teaching of oneness and an invitation to all beings to reach the realization of oneness. It is the Teaching that the invisible and the visible, the formless and the form, the microcosm and the macrocosm, the life and all phenomena are one.

The *Lotus Sutra* says that this is the Teaching that illuminated millions of beings and led them to the path of enlightenment, nirvana, and Buddhahood. Why will such a Teaching be considered the most sacred, the most fundamental Teaching in the Universe? Discover why alongside Torkom Saraydarian as he navigates the content of the Teaching and gives readers a process by which to study sacred writings so that we can, on our own, learn how to study and understand sacred literature.

Higher Psychism \$30.00 978-1-937024-55-0 308
Building the Path to True Psychism Softcover ISBN Pages



Higher Psychism addresses an interest in psychism and psychic phenomena. Defining the psyche as the human soul and true psychism as the “process of growing” toward that “nucleus of possibilities and powers” within each of us, Torkom warns strongly against being misled by psychic phenomena and lower psychic methods and their dangers and dire consequences. Instead, he outlines a path of true psychic contact with our inner divinity and the manifestation of our divine beauty through physical, emotional, and mental purification.



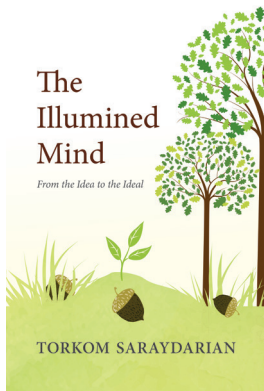
Human Nature

Conscious Living & Spiritual Balance

\$40.00 978-1-937024-61-1 425
Softcover ISBN Pages

Human Nature is a step-by-step guide to making conscious choices in order to live in Nature and become whole.

Chapter one begins with a simple and yet profound statement by Torkom Saraydarian: *We speak about Nature as if Nature were the oceans, the lands with all their inhabitants, the animal, vegetable, and human kingdoms, the stars, energies, and forces. But we fail to think that nature — the whole of Nature — is a conscious Entity, which has its intelligence, compassion, and direction, has its Plan and its Purpose.* (P. 31)



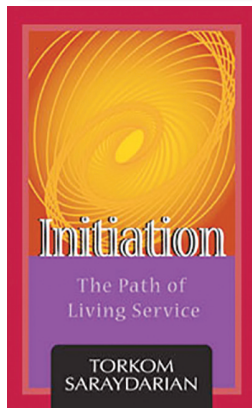
The Illumined Mind

From the Idea to the Ideal

\$45.00 978-1-937024-69-7 417
Softcover ISBN Pages

The Illumined Mind. In this book, Torkom Saraydarian gives us deep insights into the laws that govern clear thinking and the process of manifestation on the physical plane.

This is the process that underlies the manifestation of the Purpose of God into the Plan of the Hierarchy, and then as human ideals that people in all fields of human endeavor can connect with. --Gita Saraydarian



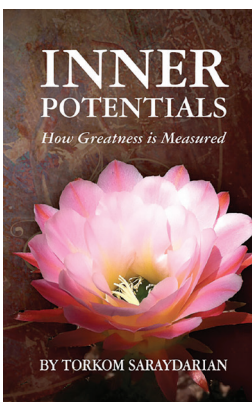
Initiation

The Path of Living Service

\$30.00 978-0-929874-91-3 370
Softcover ISBN Pages

Initiation, The Path of Living Service: In this book Torkom writes, "Real initiation is a process of great labor...In each initiation, one must prove his usefulness to the world. All initiates are known only by their service."

Initiation illuminates the path of initiation through topics such as overcoming fear, breaking down barriers, and expanding our consciousness toward a greater and greater vision of service and sacrifice.



Inner Potentials

How Greatness is Measured

\$35.00 978-1-937024-60-4 315
Softcover ISBN Pages

Inner Potentials: This magnificent book begins with four statements of Four Cosmic Truths, statements that are embedded in the Ageless Wisdom Teachings. If we can understand the profound meaning of these Truths and then act on them, then we can truly progress individually and globally and see a flowering in our life and in the life of humanity never seen before.

Torkom shows us how to develop our inner potential, how greatness is achieved and measured, how a selfless person lives a life of giving, what are true measures and spiritual birth, and how to leave our old personality behind....

I Was

A story of a personal spiritual journey.

\$5.00

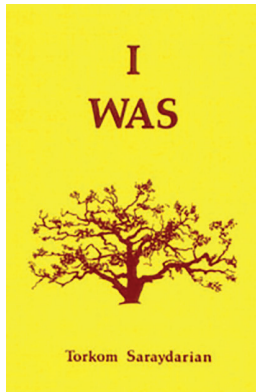
Softcover

978-0-911794-43-4

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150

Pages



I Was is a drama told by an actress who suddenly discovers on her birthday that her youthful appearance is fast fading and cannot be reclaimed. She no longer has the past glories of her life to sustain her. Beaten by life and by the wrong choices she has made, she faces herself and finds the redeeming qualities of true beauty in her heart and soul. In victory, she sings to the world

Happy Birthday to me.

I want to see my face again in the mirror---

Happy birthday, my love.

Give me a kiss.

I touch your essence.

You are...you are so beautiful. ... (P. 147)

Joy & Healing

(3rd Edition)

\$22.00

Softcover

978-0-929874-88-3

ISBN

200

Pages



Joy & Healing guides us to the real secret of joy and how to claim the power of joy in our lives.

This book includes many exercises and guided meditations to help enhance our experience of joy.

The form of the warrior's salutation for the New Age will be: "Rejoice!" This is not a handshake or a hello. This is not a kiss or an embrace. It is an act of charging people with the energy of joy. It is an act of uplifting them from the waves of the three worlds and holding them in beauty, in gratitude, in courage, in hope, in vision, and in reality. (P. 117) —Torkom Saraydarian

—See the [TSG Spiritual University catalog for study courses.](#)

Karma & Reincarnation

\$25.00

Softcover

978-0-929874-23-4

ISBN

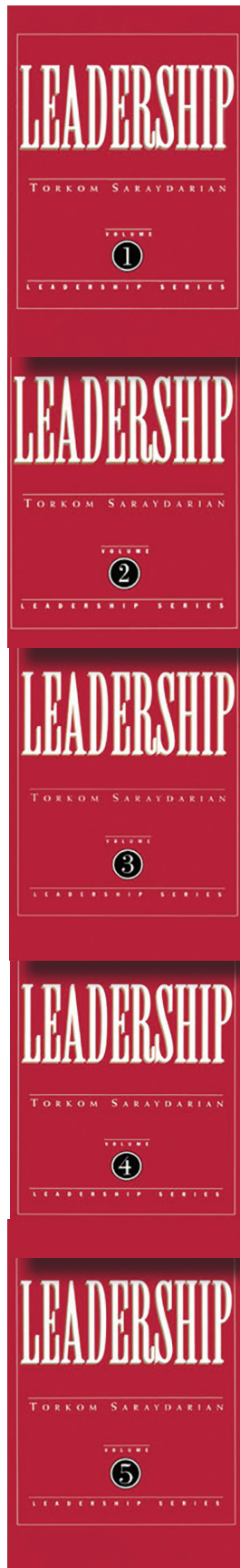
440

Pages



Karma & Reincarnation is about cause and effect. The law of karma, explains Torkom, teaches us that everything we do and say and feel creates a result. That result is the life in which we find ourselves.

Reincarnation is defined as the process through which the human soul enters into physical existence, or incarnation. Each birth is an opportunity to grow the treasury of our human soul. Each death is an opportunity to experience the treasury of the Higher Worlds.



Leadership - Volume 1

Volume 1 gives the fundamentals of leadership based upon the principles of the Ageless Wisdom teachings.

Included in this volume you will find:

- Leadership Essentials
- Leadership and Inspiration
- Leadership and Religion
- Leadership and Faith
- How to be a discriminating leader

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Softcover ISBN-soft *Pages*

\$30.00 978-0-929874-24-1 488
Hardcover ISBN- Hard *Pages*

Leadership - Volume 2

Volume 2 continues to give detailed advice on true leadership. It addresses issues such as how does one become a leader in today's world and still use the higher principles in daily life.

\$20.00 978-0-929874-51-7 334
Softcover ISBN-soft *Pages*

\$25.00 978-0-929874-50-0 334
Hardcover ISBN- Hard *Pages*

Leadership - Volume 3

Volume 3 contains instructions given to advanced students of esoteric leadership. It focuses on how a leader works, how he or she relates with other leaders and other groups, how to be sensitive and discerning toward coworkers; how to deal with slander and with criticism; how to be righteous, how to watch for and diminish qualities that will ruin your leadership and your work, and much more.

\$20.00 978-0-929874-56-2 399
Softcover ISBN-soft *Pages*

\$25.00 978-0-929874-55-5 399
Hardcover ISBN- Hard *Pages*

Leadership - Volume 4

Volume 4: Torkom teaches about the responsibilities of a leader for the new generation by emphasizing the new image of a leader, the immediate and inner development of a leader, the dangerous paths of leadership, and how to have a balanced spiritual development that coincides with your path of leadership.

\$25.00 978-0-929874-64-7 424
Softcover ISBN-soft *Pages*

\$30.00 978-0-929874-63-0 424
Hardcover ISBN- Hard *Pages*

Leadership - Volume 5

Volume 5: The last volume on leadership, Torkom focuses on how you have and give meaning to life when you ready yourself to lead. True leaders are not appointed by anyone; they appoint themselves to lead, to serve, and to give.

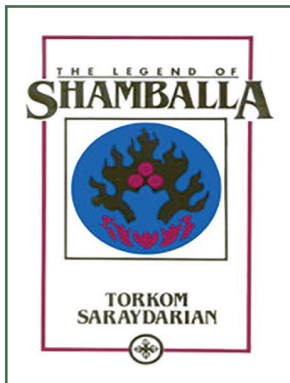
\$30.00 978-0-929874-66-1 503
Softcover ISBN-soft *Pages*

\$35.00 978-0-929874-65-4 503
Hardcover ISBN- Hard *Pages*

The Legend of Shamballa

Written as an epic poem....

\$25.00 978-0-911794-68-7 165
 Hardcover Only ISBN Pages

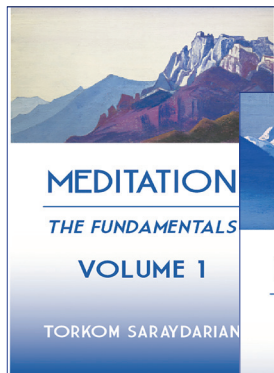


The Legend of Shamballa is the esoteric story of life's unfoldment. In magnificent and epic proportions, Torkom describes the creation legend, the flowering of life on our planet, and the function and makeup of the spiritual planetary leadership.

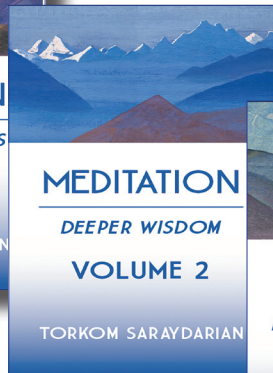
This book builds a bridge between the creation myths of many religions and the scientific basis of evolution.

Meditation

A must have for any teacher of meditation and the Ageless Wisdom.



Meditation-Volume 1 \$40.00 978-1-937024-57-4 469
The Fundamentals Softcover ISBN Pages



Meditation-Volume 2 \$40.00 978-1-937024-58-1 380
Deeper Wisdom Softcover ISBN Pages



Meditation-Volume 3 \$40.00 978-1-937024-59-8 430
Higher Connections Softcover ISBN Pages

Meditation Volume 1: The Fundamentals presents the stages of gradient meditation. They are described in great detail along with many exercises and diagrams. This first volume of meditation is the perfect companion for anyone interested in beginning meditation, deepening current meditation practice and teaching meditation.

Meditation Volume 2: Deeper Wisdom demonstrates meditation in action through exercises and deep explanations. This book is perfect for anyone who wants to further understand the mechanics of meditation. Exercises include how to expand creativity, how to enhance critical thinking, how to overcome obstacles, and much more.

Meditation Volume 3: Higher Connections lifts the theme of meditation higher to incorporate fuller dimensions of meditation. Many important topics are discussed, such as:

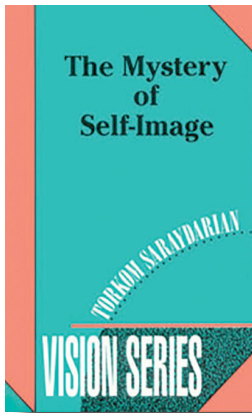
- How do I make meditation a service?
- What is the relationship between meditation and timelessness?
- What are the various layers of meditation?

Torkom provides many exercises and visualizations including exercises for energy, recharging, and gratitude, as well as advanced meditations.

The Mystery of Self-Image

Vision Series - Book# 6

\$10.95 978-0-929874-38-8 192
Softcover ISBN Pages



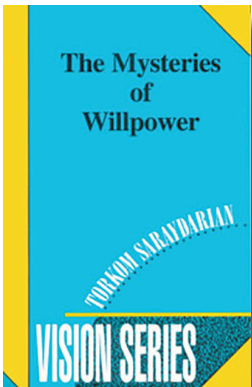
The Mystery of Self-Image takes the mystery out of self-image. Self-image, it says, is simply “what you think you are, the strong opinion that you have about yourself.” Whatever we do unto others is because we are doing it in reality to ourselves.

The Mystery of Self-Image addresses the sources of those opinion, how to find and eliminate false self-images, and how to build an image that is a reflection of our true essence.

The Mysteries of Willpower

Vision Series - Book# 7

\$14.95 978-0-929874-41-8 288
Softcover ISBN Pages

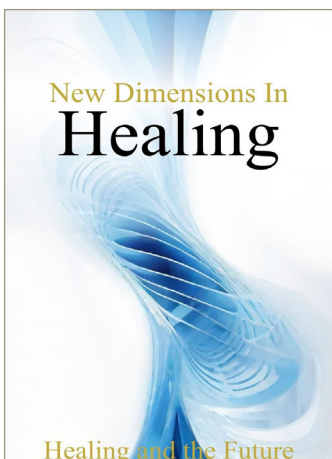


The Mysteries of Willpower explains how to develop and maintain your true willpower, how to overcome habits and self-deceptions that make you unhappy and depressed, how to release the power of the inner will, and how to effectively use it in your life.

New Dimensions in Healing

(2nd Printing)

\$80.00 978-0-929874-21-8 955
Softcover ISBN Pages



New Dimensions in Healing gives an in-depth explanation of the subtle constitution of man. It includes a detailed study of the etheric body, the astral body, and the mental body. The centers or chakras in each body are detailed and discussed. It also provides a comprehensive approach to the process of healing the physical, emotional, mental, and spiritual bodies.

It explains the subtle constitution of the human being with clarity and simplicity, and contains exercises, meditations, and visualizations for every part of life. This is a key book for the healing profession and for anyone who is striving to understand the mind-body-soul connection.

—Study this book in a systematic way through the TSG Spiritual University. A five-year course is offered for training in esoteric wisdom.

Obsession & Possession

\$25.00

978-0-929874-29-6

360

Softcover

ISBN

Pages



Obsession & Possession defines obsession as when your life is controlled by factors other than yourself, either on the inside or outside and possession as when your soul is pushed out and an entity takes over the controls of your life. Both conditions are presented as a loss of self-control which create a very dangerous situation to your health and sanity.

In the future, it says, history will be read from the perspective of the obsessive and possessive conditions existing in the leadership and even in the masses of people in any given historical period.

Olympus

\$18.00

978-0-929874-46-3

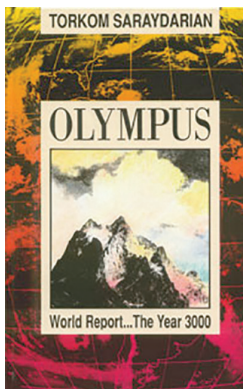
216

Hardcover

ISBN

Pages

World Report... the Year 3000...



Olympus asks, “What will life be like in the year 3000? Is it possible to know?” Most futurists see doom and gloom. Torkom sees a future of hope and accomplishment for humanity. Basing his conclusions on the potentials inherent in our accomplishments and spiritual potentials, he writes a book of wonder.

You will be uplifted and excited about the future of humanity.

.... The drama takes place in the palace of the Lord of the World, the Ancient of Days. Great Ones, Who are said to guide and inspire each field of life, ceremoniously report to the Ancient of Days about Their key achievements in each field. Then, the Ancient of Days gives instructions that will be carried out in the years beyond 3000 A.D.!

One Hundred Names of God

\$13.95

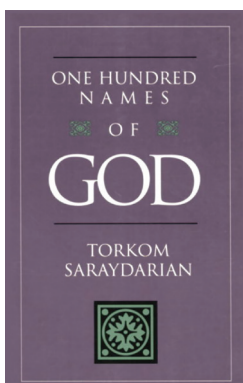
978-0-929874-49-4

264

Softcover

ISBN

Pages



One Hundred Names of God is Torkom’s “song to God.”

Each religious discipline talks about the names of the Creator. Torkom found over 5000 names of God in his researches and studies. Each name reveals one facet of the majesty of the Creation.

It is time that the Gods of all countries be united. In meditating upon these hundred names of God, we may build in our psyche an inner telescope to look beyond the darkness of our spiritual ignorance and discover the glory shining in Infinity.

(P. 8) —Torkom Saraydarian

Other Worlds

\$27.00

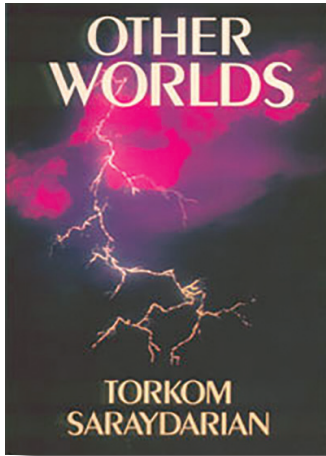
Softcover

978-0-929874-05-0

ISBN

648

Pages



Other Worlds is a monumental study that describes, in detail, every level of existence beyond the physical plane. It answers questions such as: What is on the other side of physical life? How do we contact it? What happens when we die? What are psychics and mediums and channels? What can we learn from near death experiences? Do we go somewhere when we sleep? Who are invisible helpers? What are the emotional worlds? What are the fiery worlds?

There are beautiful chapters on children, reincarnation, celebrating birthdays, the continuity of life, the Guardian Angel, dealing with death and grief, and much more.

Passage to Higher Worlds

Through Life, Death, Sleep & Dreams

(2nd Printing)

\$55.00

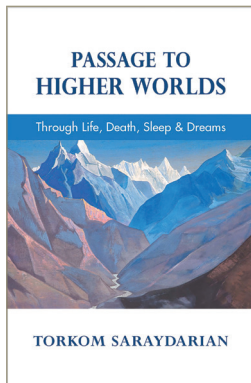
Softcover

978-1-937024-50-5

ISBN

576

Pages



Passage to Higher Worlds, Through Life, Death, Sleep, and Dreams is the sequel to *Other Worlds*. It is a collection of Torkom's unpublished writings, lectures, and seminars on the topic of the Higher Worlds of existence.

In this book, you will find extensive materials on the function of the Higher Worlds in relation to the material world. You will also find expanded guidance on how to live a healthy and vibrant life, how to prepare for the next life, and how to die with hope and faith. You will find guidance on sleep, how to sleep, and what dreams tell us about our life.

Prayer

\$30.00

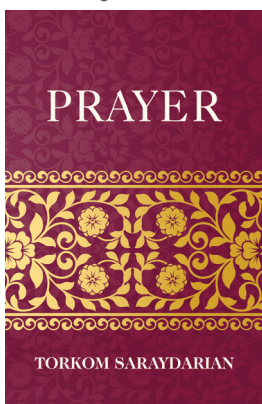
Softcover

978-1-937024-53-6

ISBN

317

Pages

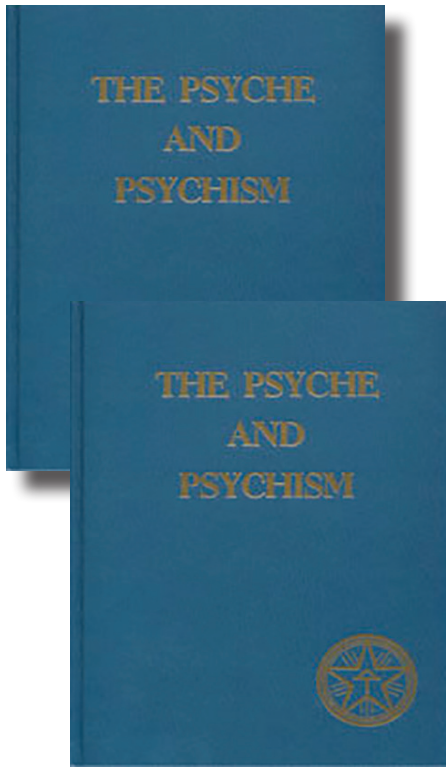


Prayer: In this book Torkom explains what prayer is, what blessings are, how we should pray, and why we should pray. Torkom wrote and lectured about the power of prayer and mantras throughout his public service. In this book, he discusses the deeper meaning of "Lead Us O Lord...", the "Lord's Prayer," "Avira Virma Yeti," "Psalm 23," a more detailed explanation of "Affirmation of a Disciple," and a beautiful Native American prayer on Joy given to him in the mountains of Sedona, Arizona.

The Psyche & Psychism

2-Volume Set - Hardcover Only

\$80.00 978-0-911794-06-9 1214
Hardcover-Set ISBN Pages



The Psyche & Psychism offers an encyclopedic wealth of information, useful for study and for reference of the Ageless Wisdom Teachings. It is an essential tool for all teachers of the Wisdom Schools.

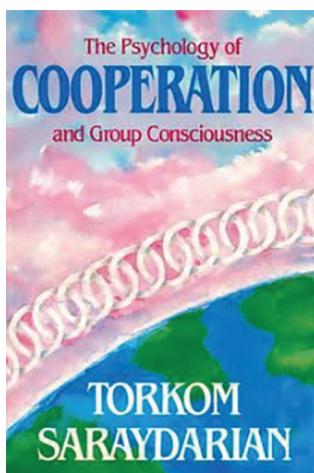
For instance, it includes discussion of:

- Psychism and occult meditation
- The source of the Ageless Wisdom Teachings
- The subtle constitution of the human being
- The emotional body, the mental body, and higher bodies
- The twenty-four virtues and their effect on health and healing
- Psychism and children
- The Sacred Word
- Words of caution and guidance

Hardcover only - Volume 1 & 2 sold as a set.

The Psychology of Cooperation & Group Consciousness

\$12.00 978-0-929874-11-1 168
Softcover ISBN Pages



The Psychology of Cooperation & Group Consciousness is a practical guide on how to build group consciousness, cooperation, a team spirit in your home, place of business, or group.

Using the eight principles of building cooperation, Torkom reveals how we can stop seeing ourselves as separate from others and see our link to all humanity. Cooperation is the key to living an abundant life. Cooperation is the keynote of our future.

Torkom Saraydarian reveals, through the eight principles of group consciousness, how to stop seeing ourselves as separate from others and begin seeing our link to all humanity.

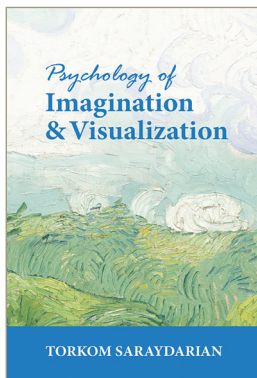
—Also available: A six-week course on developing the sense of cooperation and group consciousness is included in the Introduction to the Ageless Wisdom study course. For more information, please see TSG Spiritual University Catalog.

Psychology of Imagination & Visualization

\$35.00
Softcover

978-1-937024-51-2
ISBN

373
Pages



Psychology of Imagination & Visualization describes the difference between imagination and visualization and the role of each in improving our sensory network.

It provides tools for shifting our imagination and visualization to a more constructive and creative level through unique exercises designed to produce powerful changes in our consciousness and bodies.

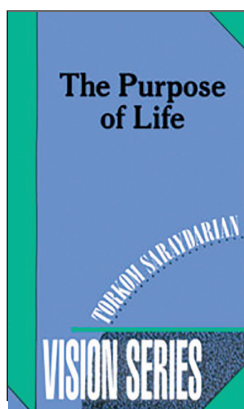
The Purpose of Life

Vision Series - Book# 3

\$10.95
Softcover

978-0-929876-03-6
ISBN

224
Pages



The Purpose of Life explains the real purpose of life and how to sense and reach that purpose using will, a plan, a goal, skill and labor.

It is never too late, says Torkom, to ask: What is the purpose of my life?

What is the reason we are born, over and over and over again? How do I find a way to eternal happiness and direction?

The Science of Becoming Oneself

(3rd Edition)

\$20.00
Softcover

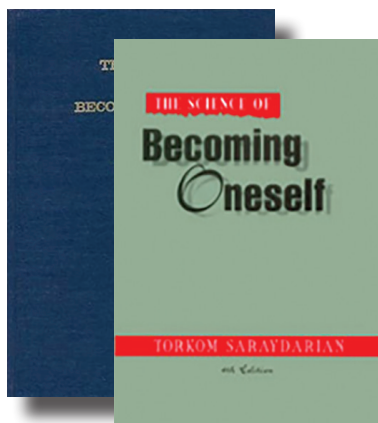
978-0-911794-27-4
ISBN

335
Pages

\$25.00
Hardcover

978-0-911794-26-7
ISBN- Hard

335
Pages



The Science of Becoming Oneself is a serious book on the path of becoming your True Self and contains very useful and practical information, exercises, and meditations for the beginner and the advanced student, making it a classic book of the Wisdom Teachings.

Torkom, in describing this work says it “teaches the science of self-actualization and gives numerous mental exercises for psycho-spiritual transformation.”

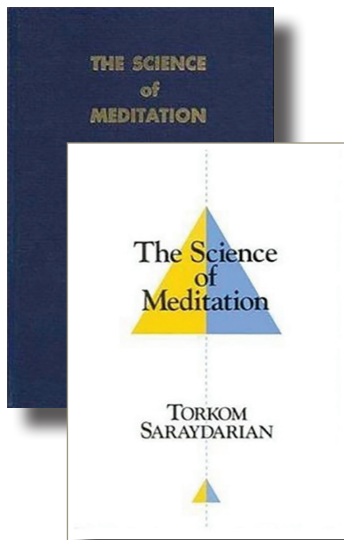
(Hand-written note on inside panel of his copy of the first edition.)

The Science of Meditation

Hardcover (1st Edition) & Softcover (3rd Edition)

\$20.00 978-0-911794-30-4 384
Softcover-White ISBN Pages

\$25.00 978-0-911794-29-8 384
Hardcover-Blue ISBN- Hard Pages



The Science of Meditation: Based on the Yoga Sutras of Patanjali, explains the science and process of seed-thought meditation.

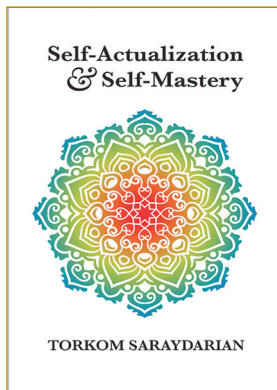
It is a timeless primer on meditation and an important book for any serious person seeking a constructive approach to spiritual and mental unfoldment.

The Science of Meditation teaches the science of thinking and the technique to fuse oneself with the greater Cosmos and express this contact through creative living.

—Torkom Saraydarian (Hand-written note on inside panel of first edition.)

Self-Actualization & Self-Mastery

\$35.00 978-1-937024-52-9 490
Softcover ISBN Pages



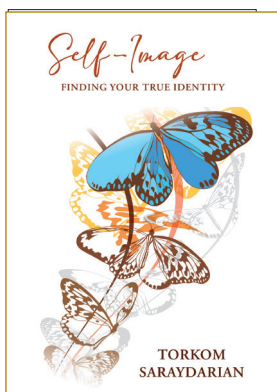
Self-Actualization & Self-Mastery is a step-by-step guide to the process of actualizing our true essence, achieving mastery over our life, and conquering the challenges on the path. The book is divided into three sections:

Self-Actualization, Self-Mastery, and Considerations on the Path. The final section develops the theme of actualization and mastery through developing willpower, learning how to question, learning the dimensions of freedom, overcoming egotism and runaway speech, and finding real peace.

Self-Image

Finding Your True Identity

\$25.00 978-1-937024-68-0 251
Softcover ISBN Pages

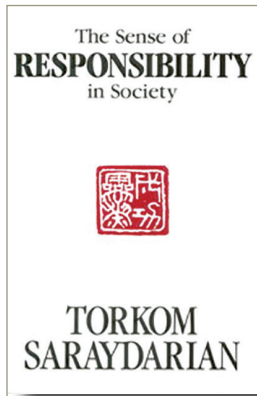


Self-Image, Finding Your True Identity. Torkom Saraydarian considered our self-image as an important part of our path of discipleship. When we strive to become an authentic person, a person of character and discipline, we must take into consideration how we see ourselves and how it is consistent with how we present ourselves in the world.

In *The Mystery of Self Image* published in 1993, Torkom discusses the many ways we build our image and even multiple images. He continued to lecture and write about the importance of our self-image and its many complex forms, and this current book is a result of his subsequent work.

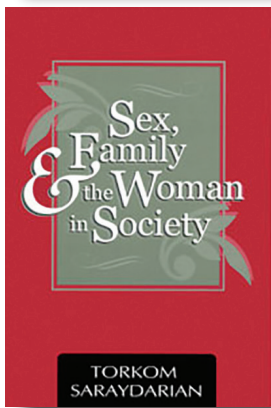
--Gita Saraydarian

The Sense of Responsibility in Society



\$12.00 **978-0-929874-07-4** **176**
Softcover *ISBN* *Pages*

The Sense of Responsibility in Society explains how we can learn to become responsible, mature and wise, and how, as we become more responsible, our karmic liabilities decrease and, instead of suffering and pain, we bloom and expand and become filled with the joy of life.

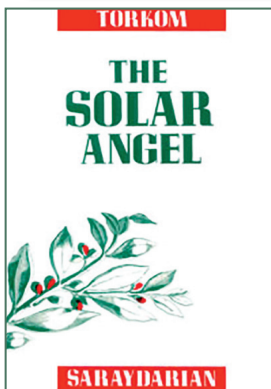


Sex, Family & the Woman in Society

(2nd Edition)

\$35.00 **978-0-929874-34-0** **600**
Softcover *ISBN* *Pages*

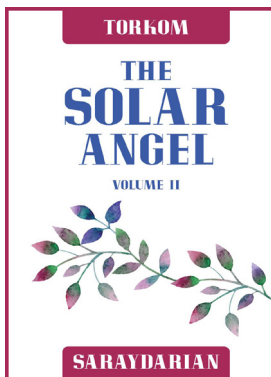
Sex, Family, & the Woman in Society challenges all the notions of modern day marriage and relationships. It turns many of our beliefs about family life and sexual relations upside down and lets us see the spiritual, the deep, the esoteric side of why and how we form relationships.



The Solar Angel Volume 1: Hardcover

\$30.00 **978-0-911794-61-8** **455**
Hardcover *ISBN* *Pages*

The Solar Angel - Volume 1: A collection of writings by Torkom about the Solar Angel. It provides in-depth knowledge and explanations of the differences between the Solar Angel and the human soul.



The Solar Angel Volume 2: Softcover

\$35.00 **978-0-929874-89-0** **438**
Softcover *ISBN* *Pages*

The Solar Angel - Volume 2: Contains the collection of writings about the Soul not published in the first volume. Torkom Saraydarian's explanations about the Solar Angel help clarify and expand our understanding of this most intimate Guide.

Spiritual Regeneration

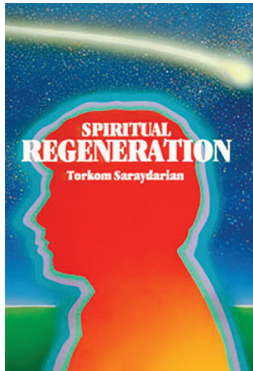
0-9624439-1-3

222

ISBN

Pages

THIS BOOK IS OUT OF PRINT AT THE MOMENT.



Spiritual Regeneration shows how striving creates a tremendous fire and how this fire energizes the physical, emotional, and mental natures and acts as a regenerating element in our life, imbuing it with purpose and vision of the future. The author includes practical daily exercises that can be a great help in attaining spiritual regeneration.

NOTE: This book is out of print at this moment, when reprinted it will be added to TSG Website.

Spring of Prosperity

\$12.00

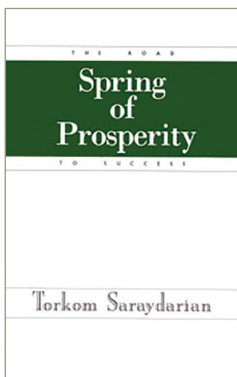
978-0-911794-12-0

138

Softcover

ISBN

Pages



Spring of Prosperity is an in-depth study on how to have abundance and enjoy life's riches. It reveals the sources of abundance within us and provides practical advice and a core meditation to release and manifest that abundance by cooperating with the creative forces of the Nature.

All human beings have a deep tendency to increase their prosperity. This is very natural because prosperity in the outer world is the reflection of the prosperity potential within man.

Man, in essence, contains the Universe. (P. 12) —Torkom Saraydarian

—See the TSG Spiritual University catalog for study courses.

Stories - As Told by Torkom Saraydarian

\$55.00

978-1-937024-36-9

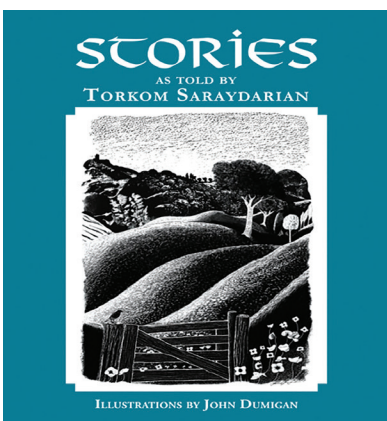
602

Illustrations by John Dumigan

Softcover

ISBN

Pages



Stories is a beautifully illustrated collection of the best stories Torkom told in his many lectures and writings as examples of special lessons to be learned. In the long-standing tradition of storytelling, Torkom would tell and re-tell stories, often creating them on the spot, embellishing and changing them to fit the occasion or borrowing from other storytellers and fables and classic tales.

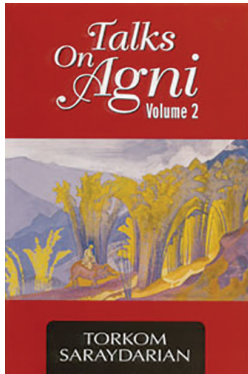
Torkom deeply understood the creative process and Torkom's stories are his creative labor. He understood that stories have a powerful and lasting impact on our hearts and our minds. Storytelling, memorized elaborate stories spoken aloud, was the most effective means of education before the advent of the written word and widely-available books.

Talks on Agni - Volume 2

\$35.00
Softcover

978-0-929874-00-5
ISBN

504
Pages



Talks on Agni - Volume 2, is a collection of in-depth discourses on the Agni Yoga Teachings given by Torkom through 1991.

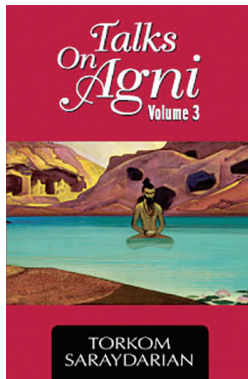
Agni Yoga Teachings were presented at the beginning of the 20th century, and published in a series of books. These books contain deep, mystical, and high-level Teachings.

Talks on Agni - Volume 3

\$35.00
Softcover

978-0-929874-85-2
ISBN

533
Pages



Talks on Agni - Volume 3, is a collection of in-depth discourses on the Agni Yoga Teachings presented by Torkom through 1996.

Torkom showed the unity and integrity of the whole body of the Teaching. He focused on the sources of the Teaching and showed how they originated from the One Source.

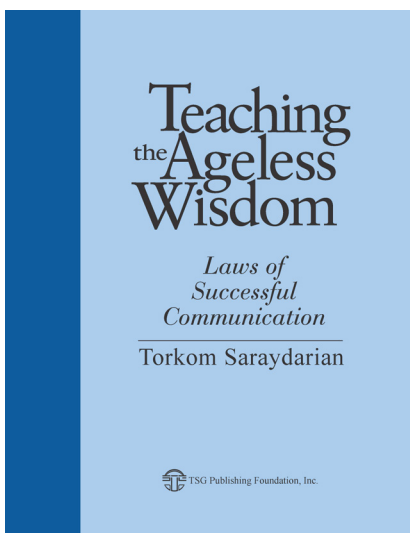
—Many lectures on these subjects are available at www.tsgfoundation.org

Teaching the Ageless Wisdom Laws of Successful Communication

\$55.00
Softcover
Spiral Bound

978-0-929874-67-8
ISBN

290
Pages

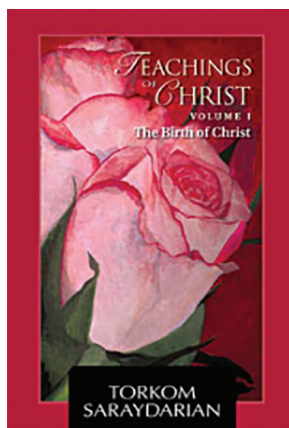


Teaching the Ageless Wisdom contains Torkom's letters to students who were assigned to teach and lecture on the Ageless Wisdom. They are full of personal guidelines for successful communication of the highest principles of spirituality.

These letters are an invaluable guide for teachers, group leaders, and lecturers of the Ageless Wisdom

They include how to lecture, how to prepare, how to lead a group discussion, the reasons for a group discussion, how to discuss a book or a subject of the Teaching, and how to prepare yourself to be relevant and fit the needs of the audience.

8th Printing (2025): Three new found letters added.

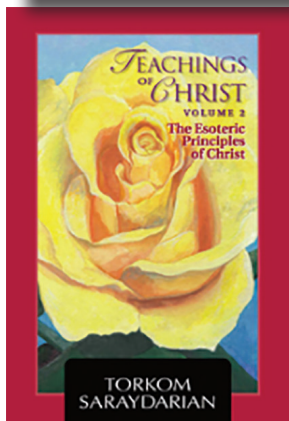


Teachings of Christ - Vol. 1
The Birth of Christ

\$45.00 978-0-929874-92-0 576
 Softcover ISBN Pages

Volume 1: *The Birth of Christ*, Torkom unfolds the deeper meanings of Christmas, Holy Communion, parables, symbols, holiday rituals, and inner and outer preparation for Christmas

“The most important point in celebrating the birth of Christ,” writes Torkom, “is that in each human being there is a Christ Nature.”

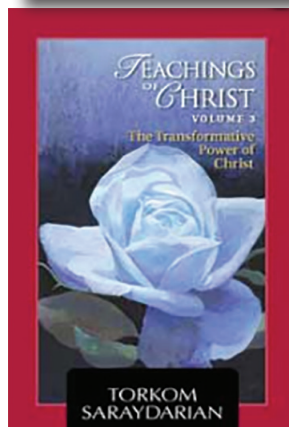


Teachings of Christ - Vol. 2
The Esoteric Principles of Christ

\$45.00 978-0-929874-93-7 510
 Softcover ISBN Pages

Volume 2: *The Esoteric Principles of Christ* reveals the underlying principles that connect the Christ Teachings to the Ancient Wisdom Teachings. Christ pronounced principles that run deep in all spiritual disciplines of the ages.

When Christ came to this earth, He had something very, very great to do. ... Christ came here to build something that was very unusual. He came here to build in the soul of humanity a prototypal man, an ideal man, an ideal woman, a temple that was unique, a temple that will be exactly what was in the mind of God. (P. 201) —Torkom Saraydarian



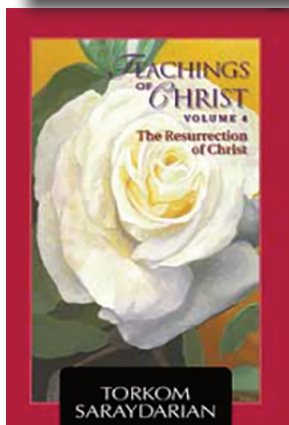
Teachings of Christ - Vol. 3
The Transformative Power of Christ

\$45.00 978-0-929874-94-4 485
 Softcover ISBN Pages

Volume 3: *The Transformative Power of Christ* Torkom presents two major topics: a study of the parables of Christ and a seminar on experiencing and realizing Christ consciousness.

Part 1 includes the psychological keys to the parables of Christ and in-depth discussions of some of the most beloved parables such as, the sower of seeds, hidden treasure, and the talents.

Part 2 is a transcription of a seminar presented in Holland on how to experience Christ and the transformative power of Christ.



Teachings of Christ - Vol. 4
The Resurrection of Christ

\$45.00 978-0-929874-95-1 369
 Softcover ISBN Pages

Volume 4: *The Resurrection of Christ* presents the topic of resurrection, studied and explained from many angles. The result is a breathtaking view of the path of each human being.

... Resurrection is the answer to a great call. And what is that great call? The Great Soul of this planet, Who was called the Father by Jesus and by many, many Masters, is calling back His sons. He is calling us back like a man standing on the mountain top and calling his lost son to come back. His Voice is tracing the path. Now this is the path which leads to resurrection... (P. 11) —Torkom Saraydarian

Teachings of Great Ones

(2nd Printing)

\$55.00

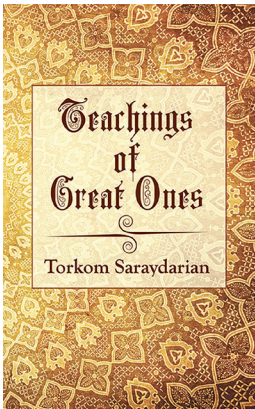
Softcover

978-1-937024-56-7

ISBN

604

Pages



Teachings of Great Ones: In this book Torkom takes us on a journey with the Masters of Wisdom throughout the ages, traversing many religious traditions. You will read about the advice and guidance given by some very influential saints. On this journey we meet St. John, St. Sergius, St. Thomas, Hermes, Milarepa and the Sufi Masters. We are introduced to ancient sacred texts such as the *Upanishads*, and the *Ramayana*. We also learn about the esoteric origins of certain important myths such as *The Legend of Shamballa*.

Thought & the Glory of Thinking

Hardcover & Softcover

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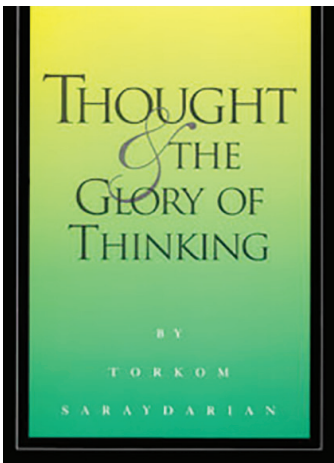
Softcover

978-0-929874-28-9

ISBN

656

Pages



\$48.00

Hardcover

978-0-929874-27-2

ISBN

656

Pages

Thought & the Glory of Thinking is an extraordinary book on the process of thinking, the mind, the brain, and the subtle links to our thought processes. It is a detailed study of the entire physical, emotional, and subtle chemistry that plays into the mental process.

Our future is built by our own thoughts. Not only our physical body but also our future activities, our future positions, our future talents, our future victories and achievements.... (P. xx) —Torkom Saraydarian

Transformation

Methods for the Transformation of Life

\$25.00

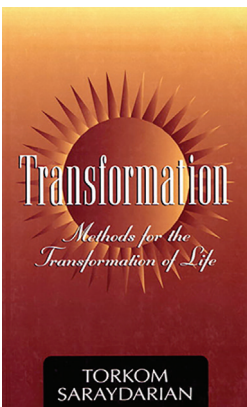
Softcover

978-0-929874-84-5

ISBN

430

Pages



Transformation: A group of students gathered in Agoura, California on a November day in 1986 to experience a process of transformation. It was a three-day seminar presented by Torkom Saraydarian. During the seminar, participants listened to lectures, did intense visualization and meditation exercises, sang sacred songs and sacred mantrams and prayers, practiced rituals of blessing and purification, and experienced an expansion of the inner presence.

This three-day seminar was dedicated to the heart, to opening the heart, enabling those who attended to have a contact with the Great Presence. **Transformation** is a transcription of that seminar. It provides both sublime and practical guidance.

Triangles of Fire

\$18.00 978-0-911794-35-9 165
Softcover ISBN Pages

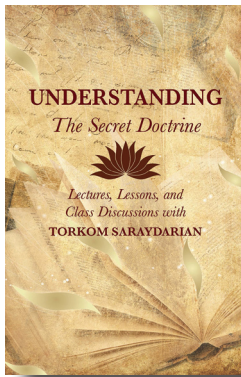


Triangles of Fire is a detailed and comprehensive study of *The Great Invocation*, a world prayer of dynamic proportions, released through the writings of Alice A. Bailey in three successive versions, culminating in the final version in 1946.

The book reveals its many purposes, one of which is to anchor, through human invocation, the healing powers of God's Love, Light, and Spiritual Will on Earth and defeat the forces of darkness. In reciting this prayer, it says, every human being becomes a part of the Divine forces of our planet and anchors within his or her subtle centers the same light, love, and spiritual will.

Understanding *The Secret Doctrine* Lectures, Lessons, and Class Discussions with Torkom Saraydarian

\$40.00 978-1-937024-54-3 476
Softcover ISBN Pages

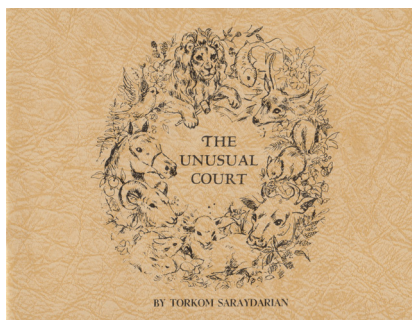


Understanding The Secret Doctrine: Torkom knew that *The Secret Doctrine* contained the heart and soul of the Ageless Wisdom Teaching. *Understanding The Secret Doctrine* is the result of his years of study that began when he was a young man. This book is a rare glimpse into esoteric wisdom and provides a new understanding and renewed appreciation for the Ageless Wisdom Teaching.

The original book *The Secret Doctrine* is a book written by Helena P. Blavatsky and first published in 1888. It is based on certain records kept in Hierarchical archives since Atlantean days. Tradition says that just before Atlantis was going to submerge, Great Initiates took secret writings from the library of Atlantis and carried them to the Himalayas where they were put in safe keeping.

The Unusual Court With Illustrations by Frances Paelian

\$10.00 978-0-911794-44-1 32
Softcover ISBN Pages



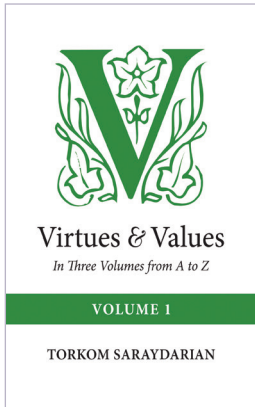
The Unusual Court asks "if only animals could talk, what would they say to God?" Torkom gives voice to our cherished friends in the animal kingdom.

"This was my dream one night very close to the full moon." So begins his intense tale that resonates throughout time. Brought alive through the many beautiful illustrations by Francis Paelian, *The Unusual Court* is both a message of compassion and a dire warning.

Virtues & Values - Volume 1

“Adaptation” to “Goodwill”

\$35.00 978-1-937024-39-0 546
Softcover ISBN Pages



Virtues & Values, from A-Z - Volume 1: “A to G”

Introduction - What are Virtues?

Virtues radiate from the Chalice as rays of energy and control our thoughts, feelings, and actions. But some virtues still exist in the Chalice that are not active. To bring them into activity one must

a. See virtues in people, hear about virtues, talk about virtues

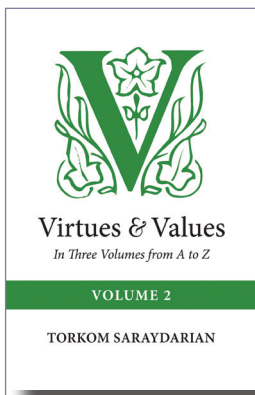
b. Meditate about the virtues until they are evoked from the depth of the Chalice

People think that the virtues exist somewhere in the air, that they can draw them into their subconscious and be controlled by them, whereas virtues are the radiation of our human spirit living in the Chalice....

Virtues & Values - Volume 2

“Gratitude” to “Purification”

\$35.00 978-1-937024-44-4 563
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Virtues & Values, from A-Z - Volume 2: “G to P”

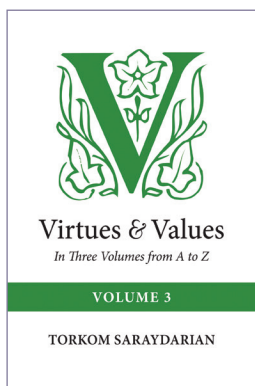
Torkom spoke and wrote about virtues and values in every lecture and writing he gave in his entire life of service. Virtues and values formed the foundation of his perspective on life. He linked virtues and values to our health and healing and expansion of consciousness.

—Listen to Gita Saraydarian explain how to meditate on a single virtue by visiting TSG’s YouTube Channel.

Virtues & Values - Volume 3

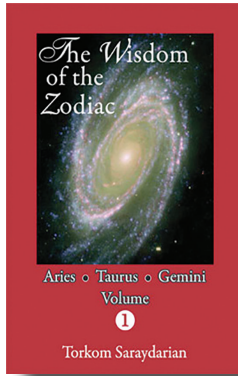
“Preparedness” to “Zeal”

\$35.00 978-1-937024-45-1 535
Softcover ISBN Pages



Virtues & Values, from A-Z - Volume 3: “P to Z”

In these volumes, Torkom explains how the practice of virtues connects to everything in our life. Our health, happiness, creativity, success and joy are all directly related to our knowledge and practice of virtues. Virtues open our hearts and link us to the Higher Worlds. With virtues, we become servers for the common good of all humanity. With virtues, the very chemistry of our subtle bodies changes and we bloom in ways we never thought possible.



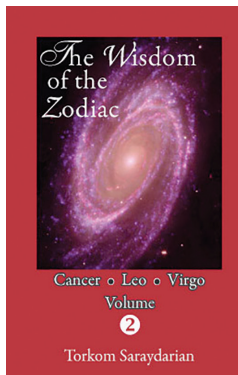
The Wisdom of the Zodiac

Volume 1: Aries • Taurus • Gemini

\$45.00 978-0-929874-08-1 763
Softcover ISBN Pages

Volume 1 covers the full moons of Aries, Taurus, and Gemini, plus insightful chapters on the meaning of the three major full moons and how to celebrate them and prepare for the spiritual new year.

Torkom lectured and wrote about every full moon throughout his lifetime. The full moons were the cornerstone of his work and tuning into their rhythm was the process by which he worked and served.

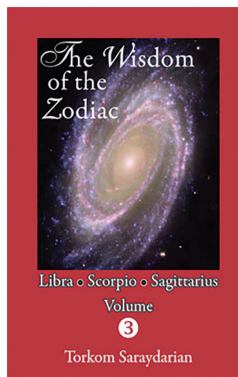


The Wisdom of the Zodiac

Volume 2: Cancer • Leo • Virgo

\$45.00 978-0-929874-44-9 588
Softcover ISBN Pages

Volume 2 covers the full moons of Cancer, Leo, and Virgo, plus important information about full moon celebrations and building our structure of light.

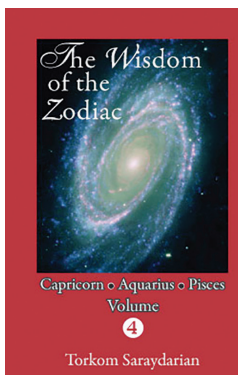


The Wisdom of the Zodiac

Volume 3: Libra • Scorpio • Sagittarius

\$45.00 978-0-929874-45-6 580
Softcover ISBN Pages

Volume 3 covers the full moons of Libra, Scorpio, and Sagittarius plus insightful chapters on the importance and effects of full moons.



The Wisdom of the Zodiac

Volume 4: Capricorn • Aquarius • Pisces

\$45.00 978-0-929874-97-5 637
Softcover ISBN Pages

Volume 4 covers the full moons of Capricorn, Aquarius, and Pisces plus insightful information on the symphony of the full moons.

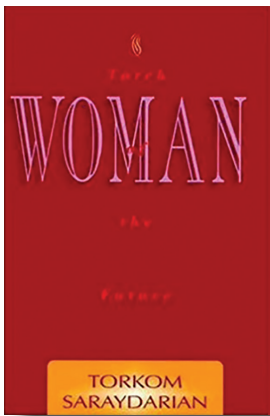
Wisdom of the Zodiac Discussion & Meditation Group

TSG Foundation offers monthly full moon discussions and meditation. Link to the most recent YouTube video for a summary of the current full moon topic presented by Gita Saraydarian. Also contact us for dates/times.

Woman, Torch of the Future

(2nd Edition)

\$18.00 978-0-929874-33-3 288
Softcover ISBN Pages

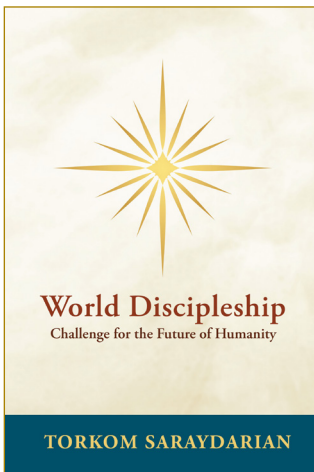


Woman, Torch of the Future unveils the ancient traditions of training men and women for marriage and parenthood. Included are instructions or preparations for marriage, the marriage ceremony, pregnancy, educating the child, and how a woman becomes a torchbearer.

World Discipleship

Challenge for the Future of Humanity

\$65.00 978-1-937024-67-3 589
Softcover ISBN Pages



World Discipleship - Challenge for the Future of Humanity

What we need in the world today is an army of disciples who are charged with love, courage, daring, striving, and dedication to serve humanity as a whole, in the spirit of self-forgetfulness and with increasing efficiency.

In all walks of life, people are looking for those who will give them hope and a sense of the future. This [seminar] is given in an effort to make us aware of this need.

—Torkom Saraydarian - June 10, 1986

The Year 2000 & After

Vision Series - Book# 2

\$10.95 978-0-929874-14-2 220
Softcover ISBN Pages



The Year 2000 & After addresses humanity's needed response to the changing energies as one Cosmic age comes to a close and a new age begins. The book shows how human response to the needs of the world is most prevalent, most dynamic and far-reaching when caring and sensitive individuals are able to creatively and lovingly respond to the periodic flow of cosmic energies.

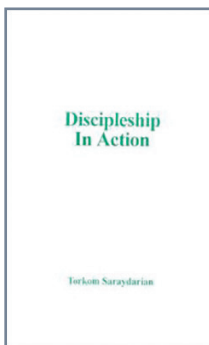
The impact of Shamballa energy will not be drastic if three or four million disciples stand together. They will change the condition of life on this planet. Light is stronger than darkness. Even if we darken a large temple, we can destroy the darkness with only a few matches or candles... Have faith... Evil always destroys itself. (Pp. 23-24) —Torkom Saraydarian



Daily Spiritual Striving \$6.00 978-0-929874-57-9 74
Softcover *ISBN* *Pages*

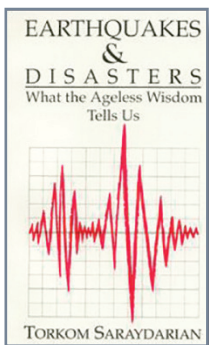
A beautiful booklet that defines the process of daily worship and prayer.

As we pray, we slowly change the elements that make up our nature. All Great Teachers of religion and spirituality taught how to pray and instructed us to pray attentively and regularly. Step by step, we change our physical, emotional, and mental bodies to vibrate at a higher rate of beauty and serenity. Prayer is the path of sanity and balance.



Discipleship in Action \$6.00 978-0-929874-58-6 82
Softcover *ISBN* *Pages*

This handy booklet explains how to put your spiritual principles into action. It is not enough to meditate, read, and study. What is needed are men and women who put their spiritual principles into action and are not afraid to do so. This is not fanatic adherence to sectarianism, but a broad application of your inner principles into daily living.



Earthquakes & Disasters \$5.00 978-0-911794-63-2 74
Softcover *ISBN* *Pages*

What does the Ageless Wisdom say about the causes of earthquakes and various natural disasters?

We know that human negligence is causing much of today's "natural" disasters, but is there a more subtle reason beyond the physical negligence?

Could it be that our physical actions are only an outer manifestation of our emotional and mental attitudes? Could we be triggering the hurricanes, earthquakes, tsunamis all around the world by the very thoughtforms that we are creating daily? Could all the ugliness, pain and suffering, revenge and killing cause damage to the benevolent energies that can protect us?...



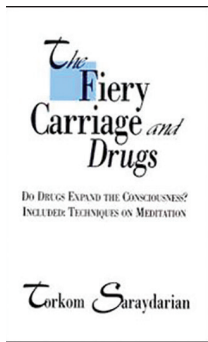
Entering the New Millennium \$5.00 978-0-929874-81-4 62
Softcover *ISBN* *Pages*

There is a huge shift in the consciousness of humanity. There is an increasing pressure that "we must do something" to face the challenges on every level of existence on Earth. Each one of us can do something to meet these challenges. What can we do?

This is a lucid and practical booklet to introduce the reader to what actions a person could take to make positive changes on our planet.

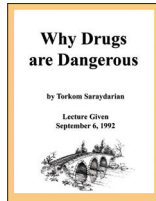
A clear, honest, practical, and urgent call to labor!

Booklets - (continued...)



Fiery Carriage & Drugs \$5.00 978-0-911794-33-5 87
Softcover *ISBN* *Pages*

Why do our children use drugs, starting at a young age and continue to self-destruct? How do you guide your children to learn about real experiences of an expanded consciousness vs. the damaging use of drugs on every facet of their life? What can you do about the widespread use of drugs? This booklet can help you by educating you about the subtle human anatomy and be ready to discuss the real problems.



Related subject on DVD: *Why Drugs Are Dangerous*

DVD #134 - \$20.00

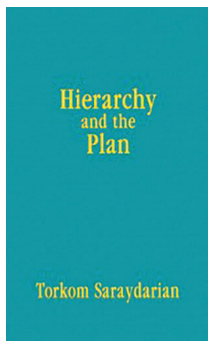
See online for more information and full list of lectures on DVD.



First Steps Toward Freedom \$6.00 N/A 67
 (Compilation) *Softcover* *ISBN* *Pages*

Excerpted from the larger book Challenge for Discipleship, this is a handy booklet containing important information about the ego, vanity, glamors, and illusions.

Vanity, ego, illusions, and glamors build a heavy wall around our aura. They hold us back from being our True Self, and prevent us from communicating with others with honesty and integrity.

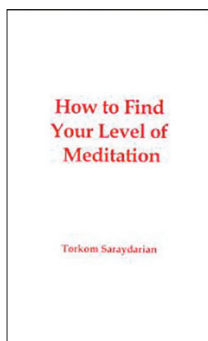


Hierarchy & the Plan \$5.00 978-0-911794-67-0 110
Softcover *ISBN* *Pages*

Hierarchy is composed of those human beings who succeeded in mastering their physical, emotional, and mental natures and expanded their consciousness beyond the mental plane. They operate from the "Mountaintop," what is referred to in the spiritual field as the Spiritual Triad.

The Plan is the formulated program to help humanity reach its Divine potential.

This booklet describes the members of Hierarchy and how They operate. Also included are signs that characterize those who are Hierarchical workers.



How to Find Your Level of Meditation \$6.00 978-0-929874-62-3 94
Softcover *ISBN* *Pages*

Meditation is an important spiritual, mental, emotional, and physical practice. It is a natural practice and can easily be learned!

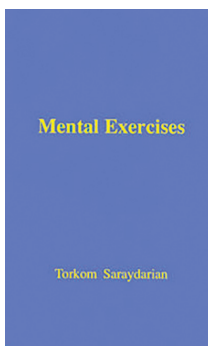
There are many kinds and levels of meditation. This booklet describes the many kinds of meditation and how to find the best form to suit your needs and talents.



Irritation - the Destructive Fire

\$5.00 **978-0-911794-17-5** **64**
Softcover *ISBN* *Pages*

Irritation is bad for your physical well-being. But did you know that there is an even more sinister result of irritation on the subtle bodies? It causes “imperil” to accumulate and stick to the etheric nerve endings. This prevents the taking in of prana, or sun energy, and it prevents the distribution of energy out from your bodies. Imperil blocks the currents and causes nerve congestion. It is one of the greatest causes of disease that manifests on the physical level as high blood pressure, anxiety, lack of energy or depression.

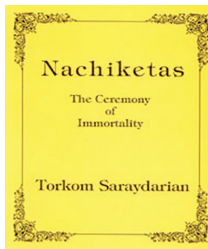


Mental Exercises

\$6.00 **978-0-929874-53-1** **93**
Softcover *ISBN* *Pages*

This book is a transcription of a seminar given in Sedona, Arizona. Torkom begins by presenting the three powers of the soul and how these powers may be used to heal our bodies. Then follows step-by-step visualizations on the right use of imagery to purify the three bodies.

The use of the Sacred Word, AUM, for healing is also an advanced method of healing. In these visualizations, Torkom presents the right use of sound and color to heal the bodies.

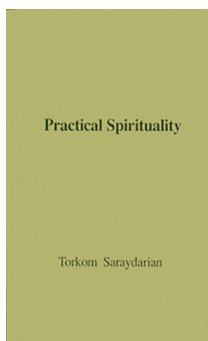


Nachiketas

\$5.00 **978-0-929874-43-2** **80**
Softcover *ISBN* *Pages*

Inspired by a story in the Upanishads, this is a moving tale about a man who wanted to have conscious immortality and was willing to give up everything in order to attain it, even his only son, Nachiketas.

An instructional story about the process of renunciation and the levels of renunciation. Torkom writes with deep insight, and shows a profound understanding of the powerful factors that motivate our actions, especially in the spiritual realms.



Practical Spirituality

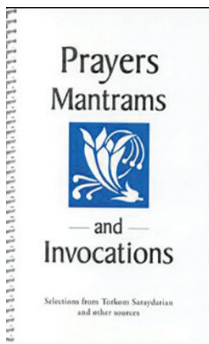
\$6.00 **978-0-929874-54-8** **75**
Softcover *ISBN* *Pages*

A practical and introductory booklet that gives advise on four very important parts of our life:

- Meditation, thinking, and health
- Sex, happiness, and health
- Self-image and its mystery
- Visualization and how to use it

Torkom talks of these topics with a kind of candor that is not usually seen in spiritual teachers. These topics are important for any striving individual. Even more advanced students will benefit from the discussions in this booklet.

Booklets - (continued...)



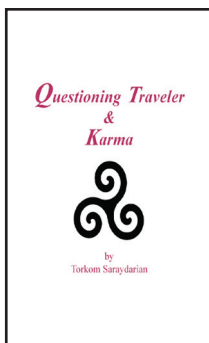
Prayers, Mantrams & Invocations

(2nd Edition - Compilation)

\$15.00 978-0-929874-87-6 111
Softcover *ISBN* *Pages*

This booklet contains over 100 prayers, mantrams, and invocations collected from many sacred writings as well as originals by Torkom Saraydarian.

These selections are words of power that can be used in meditation and contemplation. Use them to calm your emotions and your mind and whenever you need spiritual help to understand the mysteries of life.

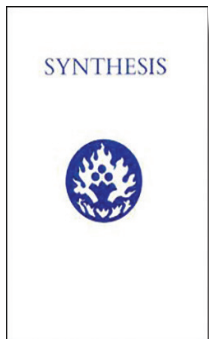


Questioning Traveler & Karma

\$10.00 978-193702425-3 50
Softcover *ISBN* *Pages*

What questions do you want most answered in your life? What do you want to know about the basics of karma and the many journeys we take in our many lives?

We are travelers — on the planet, on the sea, in the air, in space. But most importantly, we are travelers of the inner space within our self. All those who are traveling that inner space journey know it begins with questions. The more precise and deep are the questions, the better will be the answers.



Synthesis

\$3.00 978-0-911794-18-2 32
Softcover *ISBN* *Pages*

“Every age has its keynote... the keynote of the Aquarian age is synthesis.”

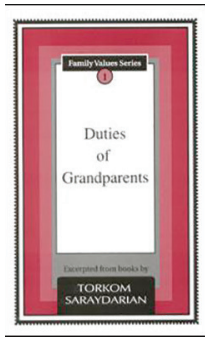
This booklet explains clearly what synthesis is and how it relates to every aspect of life, man and his relationship with his entire surroundings, and the essence of life. Also gives 28 practical steps to develop synthesis and be in tune with all of creation.

SPECIAL OFFERS!

Check online for current special offers:
www.tsgfoundation.org

Booklets - Family Series

The Family Series Booklets consist of 12 booklets, each on one specific topic. Purchase the entire set of 12 and save!



Family Series: #1 **Duties of Grandparents**

\$4.50 **978-0-929874-60-9** **23**
Softcover *ISBN* *Pages*

“Grandparents are not old shoes who have finished their job, to be put on shelves or sent to different places. Grandparents have their special role in evolution...”

Grandparents stand for the future, for the spiritual education of the children of the family. Grandparents can use their life experiences and their practical wisdom to teach children how life works, what the essential values are, and what principles to develop so that the children are protected and learn how to make choices in life.



Family Series: #2 **For Men**

\$4.50 **978-0-929874-75-3** **30**
Softcover *ISBN* *Pages*

How men affect women and how men can build rapport with women. Fantastic guide for any man who wants to improve his relations with that special woman in his life.

Included in this booklet:

- 10 most important ways men affect women
- The ways men can build rapport with women



Family Series: #3 **For Women**

\$4.50 **978-0-929874-76-0** **31**
Softcover *ISBN* *Pages*

Describes how women can attract good men and how to use a marriage investigation questionnaire to find out if your man is a wise choice for marriage.

A real man is looking for a real woman. Look to cultivate your inner values and your inner self, and you will then attract the kind of man who will honor who you are.

Not every man you find is good marriage material. It would be much better if you ask many questions.



Family Series: #4 **Ideal Marriage**

\$4.50 **978-0-929874-73-9** **22**
Softcover *ISBN* *Pages*

You too can strive to have an ideal marriage; one that is just perfect for you and your spouse. Learn the secret in this wonderful little booklet!

There is a secret tie that pulls people together. People think that attraction is a simple chemical affinity. But the esoteric wisdom shows us that we build patterns of relationships over many lifetimes.

Booklets - Family Series (continued...)



Family Series: #5 **Responsibility**

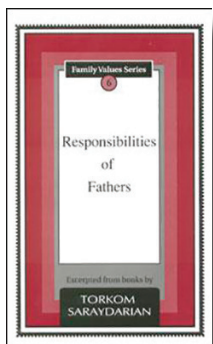
\$4.50
Softcover

978-0-929874-78-4
ISBN

29
Pages

Do you wish people around you had a deeper sense of responsibility? Do you wish to instill this sense in your children?

In order to develop responsibility, we must be responsive to others. This means to register thoughts, feelings, motives and conditions. Next, we learn to discern what is the best response to a particular situation. This creates in us a sense of oneness with people and with Nature.



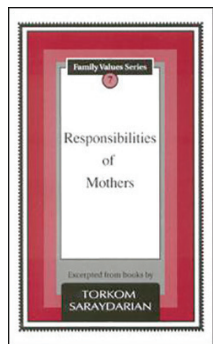
Family Series: #6 **Responsibilities of Fathers**

\$4.50
Softcover

978-0-929874-71-5
ISBN

31
Pages

Fathers have a crucial role to play in the life of their children. Our society does not provide training courses for fathers. Men will often pattern their behavior from what they learned from their own fathers and mothers, sometimes following in the same exact footsteps. When men become conscious of their roles, and learn the sacred duties of fatherhood, they begin to expand and improve on the patterns that they learned as children from their parents.



Family Series: #7 **Responsibilities of Mothers**

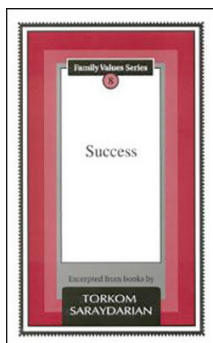
\$4.50
Softcover

978-0-929874-72-2
ISBN

40
Pages

Mothers have a role in the life of their family that is unsurpassed by any other relationship in our life. Mothers give life, nurture, nourish, and provide the first imprint in the life of a human being. Whatever your mother did for you, you will remember it in detail for the rest of your life.

Mothers are the foundation of society and it is time that humanity respects and upholds the rights of women and mothers. They are the most important person in the life of their children.



Family Series: #8 **Success**

\$4.50
Softcover

978-0-929874-79-1
ISBN

23
Pages

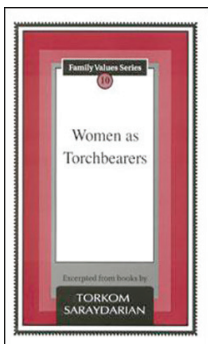
The foundations for success can most easily be taught in the family. True success helps every individual be happy and healthy in life. Successful people who understand the spiritual foundations for their success are gifts to all of life. They are those who give, help, build, and save others and become examples for others.



Family Series: #9
Cooperation

\$4.50 **978-0-929874-77-7** **29**
Softcover *ISBN* *Pages*

Cooperation within a family guarantees harmonious development of all the members. Instead of competition and aggressive behavior, family members learn the art of cooperating with each other. These skills are first learned in the family. Children learn these skills when playing with other children and by observing the parents. Cooperative skills are then easily transferred into the life outside of the family.

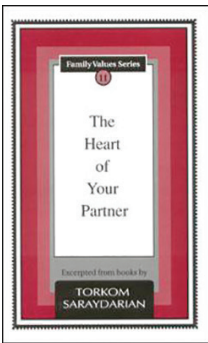


Family Series: #10
Women as Torchbearers

\$4.50 **978-0-929874-80-7** **43**
Softcover *ISBN* *Pages*

This booklet is the most inspiring information given for the upliftment of women, both in their own self-image and in the eyes of humanity.

Women need to take back their power. The dangers that women face today is as urgent as it was 100 years ago! Women all over the world are degraded, humiliated, and prevented from being the leaders of society. Worse yet, even in advanced societies, women do not have the inner confidence to see their immeasurable worth in the lives of their children and in the health of humanity.

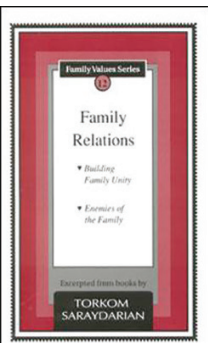


Family Series: #11
The Heart of Your Partner

\$4.50 **978-0-929874-74-6** **20**
Softcover *ISBN* *Pages*

“In the coming centuries people will choose their friends, husbands, wives, and work partners very carefully because they will realize that they cannot progress on the path of spiritual development at a normal speed if they make a wrong choice or continuously fail in choosing correctly.”

How many times have you asked yourself: “I wish I knew then what I know now, I would have chosen more carefully.” (P. 1) —Torkom Saraydarian



Family Series: #12
Family Relations

\$4.50 **978-0-929874-70-8** **46**
Softcover *ISBN* *Pages*

“The foundation of the world is the family.... At the present time, people think that marriage and family are artificial and have no meaning. When I talk with teenagers and with the general public, they do not have the same respect toward family and marriage that people had one hundred or even fifty years ago. If marriages are not based on real love and respect-on a real foundation-you do not have a state; you do not have a country; you do not have a world.” (P. 1) —Torkom Saraydarian

Music - composed and performed by Torkom Saraydarian



Torkom composed and recorded hundreds of musical pieces for violin, piano, oud, cello, and guitar. He also wrote deeply moving sacred songs.

Each musical piece is an exquisite creation that takes the listener to a higher level of integration. His music challenges the listener to think creatively with the help of its intricate melodies and rhythms that sharpen the mental senses.

My music is influenced by my future dreams for humanity. I believe that music is the flame of creation. Music must be used to create the New World, the new humanity that will be healthy, beautiful, joyful and free. The intention of my music is to offer an opportunity for people to synchronize with the beauty that exists within themselves.

—Torkom Saraydarian

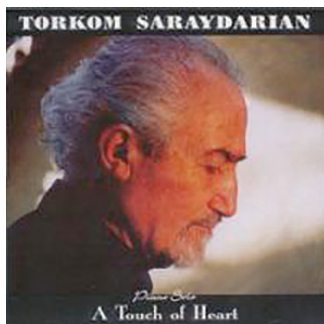
Music - CD and mp3

Visit the website to listen to a free sample of each CD.

Music

A Touch of Heart

\$14.00 401-cd, 401-mp3



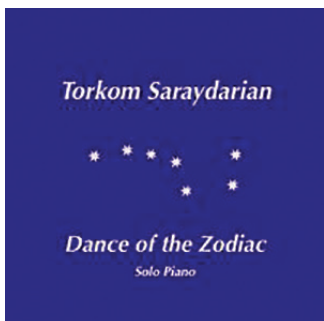
A Touch of Heart is a masterfully woven tapestry of piano compositions - each song a colorful thread of hope and inspiration synchronizing itself with the soul, while creating an environment of relaxation and upliftment for the listener.

1. Symphony of the Sunset
2. Dance of Knights
3. I Miss You
4. Deer in the Forest
5. Candlelight of Joy
6. My Dreams Are Ahead of Me
7. Bees in Cherry Blossoms
8. Unfolding Tulips
9. Longing of the Soul for the Highest
10. Birth of a Star
11. My Heart in Deep Joy

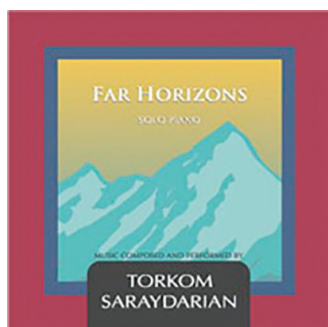
Music

Dance of the Zodiac

\$14.00 406-cd, 406-mp3



1. Wild Horses
2. Metamorphosis
3. Joy
4. Flowering Trees
5. Migrating Birds
6. Contemplation on Himalayas
7. Hiawatha and the Tree of Peace
8. Colorado Rapids
9. I Will Attain
10. Dance of the Zodiac



Music
Far Horizons

\$14.00 403-cd, 403-mp3

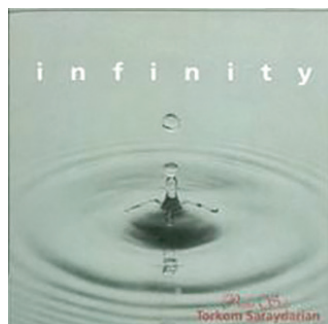
1. Unveiling of Isis
2. Aspiration
3. Gathering Flowers
4. Forgive Me, My Lord
5. My Rosy Girl
6. The Great Pyramid
7. Dance of Ecstasy
8. My Mother, In Tears I Miss You
9. I Walk Toward the Summit



Music
Fire Blossom

\$14.00 412-cd, 412-mp3

1. Melody of Dawn
2. Shooting Stars
3. Toward Far-Off Worlds
4. Fiery Eagle
5. Pilgrimage to a Mountain
6. On the Threshold
7. Nebulae
8. Mystery of Sirius
9. Farewell



Music
Infinity

\$14.00 402-cd, 402-mp3

1. Infinity
2. Dance of the Stars II
3. Sedona
4. Message from Sirius
5. The Grand Canyon
6. At the Gates of the Tower
7. Spring of Colors

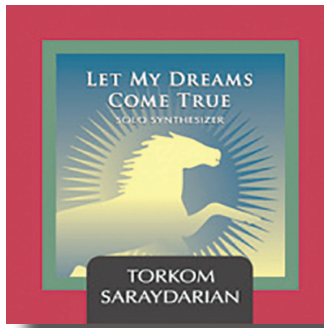


Music
Lao Tse

\$14.00 409-cd, 409-mp3

1. Lao-Tse
2. Beyond
3. Dance of Corn Stalks
4. Comet
5. Dance of the Princess
6. Mary Magdalen Meets the Lord in the Garden
7. Dance of Mountaineers
8. Joyful River

Music (continued...)



Music

\$14.00 416-cd, 416-mp3

Let My Dreams Come True

Music performed on the synthesizer by Torkom, these pieces were originally composed specifically to be used during an intensive seminar on the subject of Healing. The rhythms, sounds, notes and compositions are specially created to integrate the three bodies with the Higher Self and to bring synthesis to the minds of the conference attendees.

- | | |
|--------------------------------------|--------------------------------|
| 1. You Left Me Alone with My Dream | 7. Song of the Creek |
| 2. My Heart Opens in the Sanctuary | 8. Let the Flowers Bloom |
| 3. Blue & Pink Mountains at Sunset | 9. The Army of Light is Coming |
| 4. Dance of Fairies | 10. Let My Dreams Come True |
| 5. Dance of Princes | 11. Dance of Beauty |
| 6. Hymn to the Mystery of Ursa Minor | |



Music

\$14.00 413-cd, 413-mp3

Light Years Ahead

- | | |
|--------------------------------|-----------------------------|
| 1. Labor | 7. Dimensions |
| 2. The Lonely Path | 8. Efforts |
| 3. Steep Path | 9. Wandering |
| 4. Dance of Innocents | 10. Free Bird |
| 5. Gongs | 11. I See Light in Darkness |
| 6. Flight to Higher Dimensions | 12: My Faults |

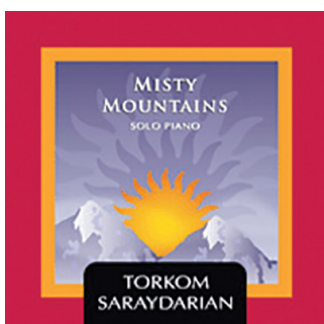


Music

\$14.00 410-cd, 410-mp3

Lily in Tibet

- | | |
|-----------------------------|-----------------------------------|
| 1. Gesar Khan the Commander | 6. Girl in Love |
| 2. Lily in Tibet | 7. Little Lamb |
| 3. Golden Fish | 8. The Welcome Back of Gesar Khan |
| 4. Quail | 9. Everest of Striving |
| 5. Lotus Pond | |



Music

\$14.00 415-cd, 415-mp3

Misty Mountains

- | | |
|-------------------------|-----------------------------|
| 1. Rapid in the Gorge | 7. Gypsy Dance |
| 2. Dust Devils | 8. Star in My Soul |
| 3. Tornado on the Ocean | 9. Mountains in China |
| 4. You Came to My Dream | 10. My Heart in the Stars |
| 5. Misty Mountains | 11. Deer on the Horizon |
| 6. Gesar Khan | 12. Armenian Shepherd Dance |



Music

Piano Compositions

\$14.00 411-cd, 411-mp3

1. Eagles in the Sky
2. Gesar Khan
3. White Eagle
4. Bygone Days
5. Dance of Joy
6. Horseman Riding Toward the Future

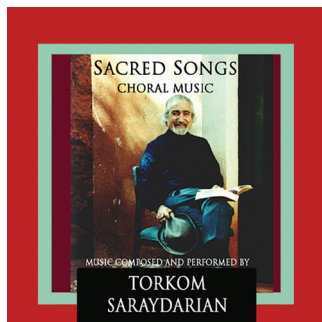


Music

Rainbow

\$14.00 414-cd, 414-mp3

1. My Dream Beyond the Ocean of Life
2. Dance of Gratitude
3. Search in the Caves of My Soul
4. Climbing to the Summit
5. The Threefold Rainbow of My Joy
6. Sunset Shadows of Mountains
7. Dance of Two Brothers
8. In the Ray of Pleiades
9. Waterfall
10. He is Coming
11. Deodar Tree



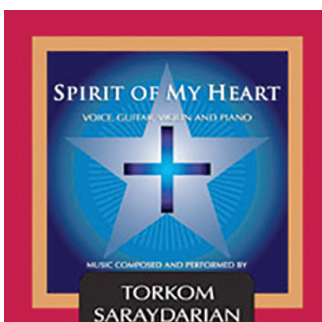
Music

Sacred Songs

\$14.00 417-cd, 417-mp3

Recording of 20 Sacred Songs, sung by Torkom and others.

1. Love Each Other
2. O Living Flame
3. The Great Invocation
4. Om Mani Padme Hum
5. Love to All Beings
6. Affirmation of the Disciple
7. No Greater Joy
8. Your Presence
9. Goodwill
10. Navajo Invocation
11. Lead Us O Lord / Asatoma
12. More Radiant than the Sun
13. Beloved Lord
14. Avira Virma Yedhi
15. I Longed for You
16. The Stars
17. The Temple of the Heart
18. New Group of World Servers
19. Joy
20. Gatay



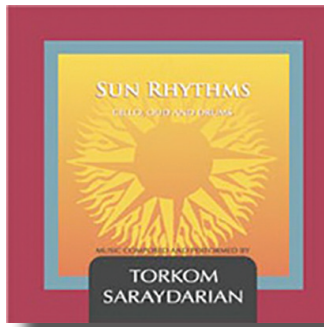
Music

Spirit of My Heart

\$14.00 404-cd, 404-mp3

1. Prayer to Shamballa
2. Jemberim
3. Kalagiya
4. My Dream
5. Dance of Stars
6. Dance of Devas
7. The Self
8. Tree on the Mountain
9. The Great Invocation

Music (continued...)

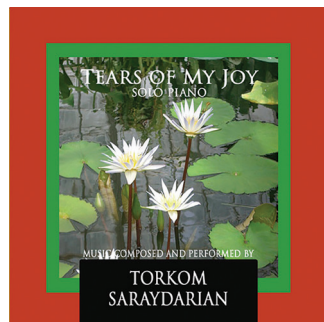


Music

Sun Rhythms

\$14.00 407-cd, 407-mp3

1. Hari Lo
2. Admiration
3. My Vision
4. Dance of Love
5. Sorrow
6. Devotees
7. Meadow Dance
8. My Mother's Song
9. Far Off Mountains
10. Moments of Fear
11. I Build a Palace
12. On the Knees of My Father

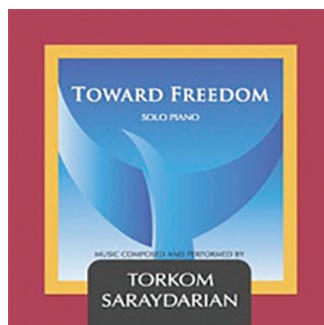


Music

Tears of My Joy

\$14.00 408-cd, 408-mp3

1. I Miss the Hand Holding My Hand
2. Blue Flame
3. Winds on Meadows
4. Rapids
5. Future
6. Freedom
7. Gypsy
8. Waterfall



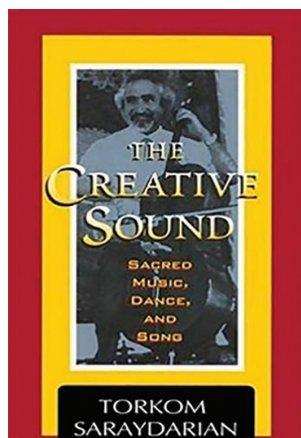
Music

Toward Freedom

\$14.00 405-cd, 405-mp3

1. Riding the Ridges with My Teacher
2. In Front of a Statue of Buddha
3. Spring is Here
4. Love Dance
5. King Arthur
6. Om Mani Padme Hum
7. Dance of Deer
8. Bride Dance
9. Good-bye Torkom

(See catalog on page 16 for information on this book.)



Related Reading:

Explore Torkom's book, *The Creative Sound, Sacred Music, Dance and Song*. This book provides information about sacred sound, sacred dance, sacred songs and rituals. Excerpt from the book:

Question: *How would you explain the effect of music upon others?*

Torkom: If the music is of a high quality, it affects people as a fragrance does. It also purifies the space and established harmony. It may also heal on all levels. I remember the words my Father once said to a group of musicians, "Good music heals all your ills and makes you able to discover treasures within yourself." (P. 13)

The Living Flame continues with our growth and expansion...



TSG Foundation — Center for Spiritual Development

Building Bridges to Happiness, Joy, and Bliss, based on the seven principles of: *Beauty, Goodness, Righteousness, Joy, Freedom, Striving, and Sacrificial Service*

TSG Foundation — Center for Spiritual Development is the Home of Torkom Saraydarian’s Ageless Wisdom Teachings.

TSG Center is located in the beautiful Sonoran Desert in Scottsdale, Arizona (USA).

The new building was completed and officially opened in Spring of 2023. We welcome anyone living or visiting Arizona to take a tour of the facility by calling or emailing TSG during business hours.

The TSG Library

In 1994, Torkom once said to group members: “Maybe we will build a big library, a big study place,... We are going to advance. Think great!”

Torkom’s vision is coming to fruition in a beautiful, serene library at the new Center. The collection’s organization and entry into a reference database is almost complete. A new phase has begun with the archiving of handwritten manuscripts, historical editions of Torkom’s books, and other materials related to both Torkom’s and TSG’s creative labor.

The TSG Sanctuary

The possibilities to serve humanity are endless. Together, we will have new opportunities for services, classes, seminars, events in the 200-seat Sanctuary.

For Calendar of Events visit TSG website: www.tsgfoundation.org

Book Publishing

On the home front and focusing on the primary objective with which we started TSG in 1987, we have been very busy with the publishing of Torkom’s books. The finish line is now visible. In 2025, we are now working on the remaining titles to be published. **Website:** www.tsgfoundation.org

Stay Connected with *TSG’s Monthly E-Bulletin*

E-newsletter is emailed to subscribers once a month with updates, insights, new releases, book sales/ coupons, and general TSG news. It is free. If you wish to be on the emailing list contact us: info@tsgfoundation.org or go on the website and subscribe to the monthly bulletin.

See also our social/other media:

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More on the website at: www.tsgfoundation.org

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