



**Torkom Saraydarian Spiritual Training Center**  
Dedicated to Torkom Saraydarian and his untiring labor to uplift humanity

**Course Catalog**

Spiritual Training available online, on-site, by mail, or e-mail

Founded by Gita Saraydarian since September 2000

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TSG Foundation / TSG University operates under the auspices of TSG Publishing Foundation, Inc.

## I. Dedication & Mission Statement

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### Dedication

We dedicate this University and spiritual training courses to Torkom Saraydarian. He was a humble servant of the Teaching who labored tirelessly to help uplift all humanity. We hope that our efforts to spread the Teaching and continue his legacy will benefit people from all corners of the globe.

We express our deep gratitude to Torkom. He laid the foundation for this University when he began his service with the establishment of the first group of students in Amman, Jordan in the 1950's. We know that his work rests on the shoulders of all the great Teachers who preceded him. We acknowledge that our work also rests on his shoulders. We hope to continue in this tradition of teaching, training, and preparing the men and women who will help lead humanity to its divine destiny.

We welcome you to peruse these pages and find the courses that are just right for your continuing growth and expansion. We dedicate ourselves to serve you and your spiritual needs.

### Mission Statement

**TSG University** is the home of **Torkom Saraydarian Spiritual Training Center**. The University is founded under the auspices of *TSG Publishing Foundation, Inc.*, a tax-exempt, not for profit organization. The University provides training for self-transformation. We are dedicated to provide beautifully designed meditation and training courses for all interested persons anywhere in the world based on the Ageless Wisdom Teachings.

Study courses focus on the teachings of Torkom Saraydarian and other major spiritual Teachers. Training and classes in meditation and visualization, comparative religions, philosophy, spiritual discipline and discipleship, ministry, and leadership are provided.

In this catalog, you will find information regarding the organization, requirements, courses of study, schedule of classes, and registration forms. Our classes are tailored to fit your needs at whatever level of commitment you wish to pursue. Please feel free to contact us if you need any clarification or additional information.

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## II. The Training Objective

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We operate under the principle that humanity can be changed one person at a time. When each individual takes personal responsibility to understand the subjective and objective aspects of life, we can see a better life on Earth. A better life means a life of health, happiness, prosperity, and success. The Teaching provides the materials that enable all of us to understand the objective and subjective aspects of life.

The training offered at *TSG University* has the following objectives:

- To provide tools for self-transformation and commitment for discipleship and a life of sacrificial service in any field of human endeavor. Dedicated men and women who provide positive role models and positive alternatives in their fields can uplift humanity.
- To provide spiritual teacher training. Individuals who are well trained are a tremendous resource to form small or large groups; to lecture in any environment where people need to enhance their lives; as well as to participate in academic departments of religion, spirituality, and philosophy.
- To provide training classes for professionals in all fields. Our training courses enhance the life of any professional, regardless of the field of work and service. For example, the curriculum may benefit medical professionals in all aspects of the healing fields who are interested in understanding the subtle aspect of healing; philosophers interested in the foundation of the Teaching; political and business leaders interested in true leadership principles; religious leaders interested in understanding the wider concepts of comparative religion and spirituality; teachers who need to understand the philosophy of education and the spiritual needs of children; in short, anyone who is interested in expanding the depth of their understanding of the world and the events shaping our life today.
- To provide a community of like-minded individuals so that each participant can improve and enhance their lives in an organic group setting.
- To provide courses for self-enrichment to any interested and inquiring individual, regardless of his or her cultural and religious backgrounds.

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### III. The Founding of the TSG University

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A message from the Director Gita Saraydarian

*“Schools of wisdom must be reestablished everywhere in the world, as they were ten thousand and fifteen thousand years ago, teaching the science of living on earth and the science of contacting the Higher Worlds.”*

Torkom Saraydarian, *The Flame of the Heart*, p. 174

Torkom Saraydarian dreamed of a training center, often calling it the *University*, where men and women can be trained in the theory and application of Higher Principles and Values of the Ageless Wisdom. He called such higher education “*Aquarian Education*” and continuously encouraged all his students to form such institutions in the future. He wrote 170 books and booklets, and left hundreds of recorded audio and videotape lectures and music as rich resources to be used for future training centers. He reminded us often that his work was a wealth of information that could be used to form any type of training curriculum. It was up to us to manage that part of the work!

I have been interested in education my entire life. Little did I know that my passion would manifest into a spiritual training center based on my Father’s Teachings. I began to teach classes at the Aquarian Educational Group in Agoura in 1984. I made a formal plan for my own spiritual education and attended seminars and conferences for further training given by Torkom.

In 1987 *TSG Publishing Foundation* was born and soon I began to teach additional classes in my home. A curriculum was created to present the Teaching in a sequential and slowly deepening classes. The larger vision was to present the Teaching in a practical way and design a curriculum that would train teachers and expose more people to the Teaching nationally and internationally. To this end, I began discussions and correspondence with Torkom regarding the creation of a University Curriculum and the comprehensive training of teachers. This resulted in the writing of extensive plans for training and managing a University beginning in 1988 and culminating into a full program of study in 2000.

In 1994, TSG moved to Arizona and many classes were presented in bookstores throughout Phoenix. Meditation courses were organized and our first correspondence courses became available in the summer of 1994. As soon as we had Internet access in 1997-1998, we began to email lessons to students all over the US, Europe, and South America. I added more meditation courses and expanded these lessons to include more subjects. A student in Argentina began to translate courses into Spanish and another in Denmark began translations into Danish.

After Torkom passed away in January 1997, I began to expand the University plans and wrote a more detailed curriculum. Intensive writing and planning followed and in January 2000 I had an operating plan for the University. My vision was taking on a more complete form and in June of 2000, I presented the first catalog and plans to a select number of friends and supporters. The fine-tuning followed and finally I was ready to offer the first classes. We began our first class in September 2000 at the TSG Center and by email in the USA and in Europe. We gave our University the name of *The Torkom Saraydarian University*. In 2006, the Board of Directors agreed to change the name to *TSG University, Torkom Saraydarian Spiritual Training Center*, to more fully describe our purpose and direction.

Our classes expanded and we formed our dedicated online *TSG University* website. We support many students from all parts of the world. We add courses regularly and strive to have a fully functioning University online in several languages in the coming years.

A specially funded Scholarship Program, *The Maddie Cropper Scholarship Fund* was established by our Sister Center in London by Catriona Nason. Our tuition is intentionally kept low and affordable and scholarships are available to any seriously interested person.

Torkom wrote the following about spiritual education:

*There is an increasing need for leadership in the field of esoteric knowledge. More and more people are becoming disillusioned with the teachings given to them by opportunists, by people who have good intentions but are full of glamors and vanities, or by people who want to use the Teaching as a business to raise money.*

*Great damage is done to people who approach the Teaching with sincerity in their heart and are caught in groups, institutions, or organizations that are only for social activities or that function as traps for exploitation. Some of these searchers gradually forget about their quest and adapt themselves to their environment. Some of them totally suppress their aspiration and spiritual striving because of their disillusionment. Only a small percentage, through discrimination, continue their search to find the proper field where they can grow and serve.*

*The number of true searchers is increasing. We must prepare ourselves to meet their need and at the same time safeguard ourselves from the dangers of falling into vanities, glamors, or of using the searchers for our own interests.*

Torkom Saraydarian, *Leadership I*, p. 16.

Torkom Saraydarian's creative works form the foundation of our program. Additional readings and study from great Sages and Teachers supplement our program.

Our focus is on practical self-transformation as well as the academic study of the Ageless Wisdom. We emphasize natural development and sane approach to the spiritual Teachings. We do not make claims and wish to promote a humble and deep approach to self-training. Students begin their training by focusing on Torkom's works and slowly add readings from the works of the Alice A. Bailey, Helena Roerich, H. P. Blavatsky, as well as from world classics in religion and philosophy. The classes consist of reading, meditation, listening to recorded lectures, self-observation, and writing reports. Each student is empowered to do self-observation and be an active participant to transform himself or herself. Students are encouraged to study current events and see the thread that unites the principles of the Teaching with the rapidly changing face of world events.

It is my joy to present to you our courses. I look forward to expanding the work of the Teaching and to working with each of you to fulfill your spiritual dreams.

With love and appreciation,  
Gita Saraydarian

Founder and Director/ TSG University: Torkom Saraydarian Spiritual Training Center

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## IV. List of Study Courses

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The following is an outline of our programs:

### 1. Personal Enrichment

This program is designed for you if you are just starting to explore the Teaching. You can register for any class or a series of classes that interests you and study at your own pace. (See page 7 for details.)

### 2. Meditation Courses

Meditation courses are available in five levels and are based on the seed-thought meditation technique that will help you sharpen your analytical skills and expand your thinking. (See page 8 for details and list of courses.)

### 3. Introduction to the Ageless Wisdom

The Introduction to the Ageless Wisdom consists of four, six-week classes. The topics covered are fundamental to the understanding of the practical functions of the Ageless Wisdom. The student focuses on one of the four foundational principles that help him or her become more conscious and appreciative of the foundations of the Teaching. (See page 14 for details and list of courses.)

### 4. Undergraduate Program and Teacher Training

The five-year program consists of in-depth and intensive study of the fundamental topics of the Ageless Wisdom Teachings. These courses are designed for those who want to train as spiritual Teachers, counselors, ministers, and for those wishing to deepen their understanding of the Ageless Wisdom Teaching. (See page 17 for details and list of courses.)

### 5. Graduate Program

Designed for the experienced student/teacher/spiritual leader who wishes to choose an area of specialization and conduct research and study in that field. (Contact the University Director for requirements and detail of studies.)

### Student work evaluation and spiritual counseling:

Gita Saraydarian reads and evaluates student progress. New teachers are in the process of training and will soon be available to help monitor student progress. Students may email Gita for personal and private spiritual consultations.

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## IV. Course Details

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### a. Personal Enrichment

If you are ready to study the Ageless Wisdom, and want a more relaxed and personal pace, the courses we offer here will be very rewarding for you. A *Certificate of Completion* is awarded for each completed course.

You may take any one of the courses listed below and advance at your own pace:

- a. **Meditation Courses** can be taken for personal enrichment at any time (See details starting on page 8.)
- b. **Introduction to the Ageless Wisdom** (See details starting on page 14.)
- c. **Full Moon Meditation Observations** – Monthly meditations and full moon information are available free online or available in the book *Symphony of the Zodiac* by Torkom Saraydarian. Full Moon Lecture videos and audios (on cassette or CD) by Torkom Saraydarian and Gita Saraydarian are also available. You can learn about why Full Moon observations are important and how to do them in the above referenced book. To help you focus on each Full Moon, we can send you specially selected audios or videos. You can read, watch or listen to a lecture, and do the meditation. No fees for the course, self-directed. For costs of cassette, CD, or Video, please see the order form or visit us online.
- d. **Labors of Hercules:** A 14-part lecture series by Gita Saraydarian and the book *The Labours of Hercules* by Alice A. Bailey. (See page 8 below for details).
- e. **Total Prosperity and Abundance:** Seminar and Study Course based on a two-part seminar given by Gita Saraydarian. (See page 9 below for details).
- f. **Building the Lighted House:** A 9-part series of lectures given by Gita Saraydarian from June 2007-March 2008. (See page 11 below for details).

# The Labors of Hercules Series

## Personal Enrichment Course

Lectures Presented by Gita Saraydarian  
At TSG Foundation in 2006-2007

### In 14 parts

Teachers of the Ancient Wisdom and Mystery Schools have studied and presented these labors in lectures and dramatic presentations from Ancient times. In these Labors is hidden the mystery of self-transformation and initiation; it is a dramatic description of the path of the aspirant passing through discipleship tests and achieving initiations.

In 1937, Alice A. Bailey, a great teacher of the Ageless Wisdom, gave a series of classes on the 12 Labors in New York. In 1976, Torkom Saraydarian gave a 12-part seminar in Los Angeles, presenting more depth and explanation to the 12 Labors. Then in 2006-2007, Gita Saraydarian presented a series of lectures on the 12 Labors in Cave Creek, Arizona.

**This 14 part series represent Gita's deep study of her predecessors' work, adding her own insights and life experiences. They are powerful and life changing lectures that will challenge you every time you listen and study them.**

The Labors of Hercules Series are organized as follows:

- Two Introductory lectures; laying the foundation.
- Twelve lectures, unfolding according to the Zodiacal calendar, one labor per zodiacal sign.
- Each lecture includes an explanation of the keynotes, reading of the story, and followed by full moon meditation.
- Each lecture uses the book *The Labors of Hercules* by A. A. Bailey for reading and interpretation.

How to use these lectures: Begin by studying the first two introductory lectures and read the corresponding pages in the *Labors of Hercules* by A. A. Bailey. Then, start the work on the first labor corresponding with the full moon of Aries. Continue to the end of the Zodiacal year observing each of the full moons with the lesson and meditation.

*The 14-part Labors of Hercules Series is available on CD or Digital Download*

**Ordering Information: To order, call/Fax/or place your order online.**

- \$140.00 for complete CD set.
- \$91.00 complete downloads set.
- Individual orders: \$10.00 per CD plus \$5.00 S & H per CD: Or \$6.50 per Download.
- The book *Labors of Hercules* by A. A. Bailey is available at TSG for \$14.00.
- Shipping and handling charges apply for mailed packages. Check website for exact charges.

# Total Prosperity & Abundance Seminar

Two Part Series recorded live

Now available on CD with printed support materials

Gita Saraydarian presented two-day seminars on *Total Prosperity and Abundance* in London (UK), Lima (Peru), Cave Creek (Arizona), and Los Angeles (California). People attending these seminars came from many walks of life, all wanting to re-define the priorities in their life and all wanted to have a deeper, more esoteric understanding of the meaning of abundance.

Students of religion and spirituality the world over often have very wrong ideas about abundance and prosperity. Somehow, the image of poverty, lack, and suffering has become synonymous with being spiritual. Torkom wrote about being abundant and prosperous throughout his life and he emphasized why we need to think of great abundance and how we can use the abundance that we have to better life on Earth.

The Seminar is a result of Gita' intense research and study of the spiritual principles that operate in nature and help us achieve total prosperity and abundance. The presentations are based primarily on the Teachings by Torkom Saraydarian and the practical experiences derived from the application of the Teachings. The presentations are both practical and deeply spiritual. The work is from the inside out.

Gita Saraydarian studied these writings and organized a two-day intensive seminar to teach what she had learned and practiced. These seminars were recorded live. The CD's and support materials are fresh and dynamic and bring to your private study all the energy and enthusiasm of the live presentations.

During this intensive two-part seminar, you will learn how to change your thoughts, wishes, and plans so that prosperity can be yours. If you are willing to do the work, then there is every reason to have a successful and abundant life.

Gita presents the natural laws that govern prosperity and the ways to apply these laws in our daily life.

The key to prosperity is to know our blockages to abundance and learn how to remove them. The presentations will include lectures on prosperity, success, visualization and meditation practices to enhance your life, and a step-by-step implementation plan for your continued success and prosperity. You will have access to books, meditation courses, and the plan to have the kind of life you want.

The Ancient Wisdom Teachings provide guidelines for total abundance and prosperity in the physical sense—such as money, health, property, family, and friends—as well as for the emotional, mental, and spiritual life.

The topics presented are:

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- How to define your prosperity
- Prosperity Laws of Nature and how they work
- Visualization plan to receive prosperity and abundance
- Subconscious recordings and outdated thoughtforms about abundance
- Spiritual Foundations for Success
- Psychic Energy and the Fire of Space
- Your fundamental support system
- Laws of Success
- Thoughts and wishes: what is right and what is wrong
- Implementation Plan for continuous prosperity
- Advanced levels of prosperity consciousness
- Visualizations and meditation and Question and Answer sessions

Gita is committed to bring this seminar to as many people as possible. We hope you enjoy these seminars and grow your life into a truly abundant life, in every way.

We recommend that you listen to the entire seminar, part one for one day and part two for the next day. Then, make the implementation plan and start to do the work. We know you will benefit tremendously from this work and your life will be enhanced in many ways.

Included in your order are the following:

- Part One *Total Prosperity and Abundance* consists of 5 CD's and 9 handouts (includes a cover letter and outline plan)
- Part Two *Total Prosperity and Abundance* consists of 5 CD's and 8 handouts (includes a cover letter and outline plan)

**Ordering Information: To order, call/Fax/or place your order online.**

- \$180.00 for complete set. Includes 10 CD's and handouts.
- \$160.00 for complete downloads set.
- Supporting materials are mailed with the CD package.
- Shipping and handling charges apply for mailed packages. Check website for exact charges.

# Building the Lighted House

**9-part Series by Gita Saraydarian**

Recorded Live at TSG Center in Cave Creek, Arizona

Available on CD and DVD and downloads

This series of lectures will explore the nine-part process of unfoldment of the petals of the Chalice. The Chalice is the subtle structure that houses the human soul.

The Series began with the Cancer Full Moon 2007, and will end at Pisces Full Moon in 2008.

Each lecture will be presented during the Full Moon celebrations. It will encompass the keynote of that particular Full Moon, and focus more specifically on the major work that we need to do in order to unfold a part of the Chalice.

The Lighted House is our Chalice. The light inside of it is the human soul. Each process of unfoldment helps us shine our light further and stronger and on a broader scale.

The Series will consist of a lecture, meditation, and a healing prayer. Each lecture will focus on one area of life that presents a specific challenge in the process of building our Chalice. Each three-month interval provides an opportunity for an initiation. The crisis involved in each level of growth will be explored at each three-month interval.

**Ordering Information: To order, call/Fax/or place your order online.**

- \$90.00 for complete set. Includes 9 CD's
- \$180.00 for complete set on DVD
- \$58.50 for complete set of downloads.
- Shipping and handling charges apply for mailed packages. Check website for exact charges.

## 2. Meditation Courses

### What is Meditation and why is it Important?

Meditation is the key to unfoldment and self-transformation. Learning how to meditate will help you expand your ability to think, to observe, and to make sound decisions in your life. Meditation is the discovery of cause and effect in your life. As you advance in meditation, you begin to discover the causes and effects of events in the life of humanity. Learning how to meditate using sound techniques will help you stay healthy and psychically sound.

There are many kinds of meditation available to students in the spiritual marketplace. Our studies utilize what we call “seed thought meditation.” This is in keeping with how Torkom taught and what he emphasized in studying the Teaching. This method utilizes the instructions given to humanity by the Great Sage Patanjali, thousands of years ago. In the *Yoga Sutras of Patanjali*, we find key instructions on how to expand our thinking in a natural and sequential and safe manner.

Below are some excerpts that highlight important points regarding meditation taken from Torkom’s book *The Science of Meditation*:

"Meditation in the New Age is creative thinking through the light of the Intuition and in conformity with the Divine Plan. In the New Age, meditation will involve not only the mystical efforts of humanity, but it will involve, as well, the political, educational, philosophic, artistic, scientific, religious, and economic fields. It will create harmony within and between all these fields under the rhythm of the Divine Plan, of the Divine Will. Thus, meditation will be not only to gain insight, to contact great powers, to have inspiration and joy but also to bring them down to practical life, to transform our life on all levels, healing the wounds of humanity, building bridges and revealing the unity, the synthesis behind all creation."

*The Science of Meditation*, p. 19

"The purpose of meditation is to annihilate hindrances on the path of this expansion and to make you more aware of your Cosmic relationships and your Cosmic destiny. Meditation leads you into freedom, and instead of being the slave of your egocentric viewpoints and cravings, you become a part or even one with the Cosmic viewpoint. Thus you help to end the misery of all former civilizations which grew out of human tears, sufferings, pain, and blood."

*The Science of Meditation*, p. 20

"Meditation is a process of harmonization and attunement with the purpose of the incoming energies from the higher realms and from outer space. Our civilization and culture are the result of our responses and reaction to the incoming energies. These energies may hinder our progress toward liberation if we are not ready to assimilate and translate them through our life and consciousness, or they may stimulate and release our inner glory if we are able to respond to these energies in pure compassion and in active service to our fellow men.

"Meditation prepares us to become sensitive to these incoming energies. It enables us to be charged with them and to translate them in the form of light, love, and will-to-good. This is how a new age man is born, a man who is in tune with the purpose of the incoming energies and with the highest aspirations of humanity."

*The Science of Meditation*, p. 20

"It is a fact that negative emotions wear out our body, and worries, separative and selfish thinking cloud our minds. Meditation releases light upon these three levels, and we start to regenerate our vehicles and radiate vitality, peace, and serenity. Meditation makes you more able in your daily duties and works because it increases your right judgment, sharpens your power of observation, increases your control over your body, quickens your actions and makes them more accurate.

"Meditation gradually cleans you of your glamors to such a degree that you are no longer the slave of your emotions and their effects. Because of this you do not leak energy, you waste no time, and you do your work better and in shorter time."

*The Science of Meditation*, p. 21

#### **Meditation courses consist of the following:**

- A textbook if applicable.
- Individual lessons. Each lesson is designed to be completed in one-two months.
- Each lesson contains specific instructions, as well as additional reading and meditation materials.
- Each lesson contains a questionnaire to complete for each lesson.
- Each lesson contains a summary question to report on each lesson.

#### **Why Write Reports for each lesson?**

It is important to take the reporting for each lesson seriously. Writing reports is not for the edification or entertainment of the teacher. Rather, it is a way for you to synthesize and absorb what you have learned. Writing reports helps the student manifest the meditative thinking on a practical level. In writing and reading your reports, you will be able to discern the degree of honesty, practicality, inner depth, and the subtle changes in your life.

These skills and applications help you to change with the lessons. Our purpose in studying the Ageless Wisdom is to make a new person out of the old. Therefore, it is essential that we change and grow and not merely accumulate information. Simply accumulating information or going through the intellectual exercise of completing meditation courses without the needed changes is a guarantee of crystallized thinking and insensitive behavior. Our daily lives and how we interact with others are largely determined by how well we internalize and express the Teaching. Writing reports therefore plays an important role in our life of meditation. Reports teach the following:

- Observation
- Honesty with yourself
- Humility with yourself and with your teacher
- Honesty in assessing progress
- Seeing the subtle changes in the inner life
- Seeing the subtle changes in the outer life
- Making sure that you are applying what you learn in your daily life

#### **Work to do for each lesson:**

Each lesson usually takes one-two months to complete. When you complete each lesson, you respond online, mail, or e-mail it to us. We read it, and send the next lesson with comments and

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answers to your questions. Once you have completed the beginning levels, you are encouraged to complete one lesson per month to maintain your rhythm. If you are taking a meditation course as well as another course, you may take longer to complete the monthly meditation. If you need guidance, please call the director.

**Costs and procedures involved:**

- \$25.00 set up and registration fee per course.
- The cost of the text used, if any. Check order page or online for latest price list.
- *Contribution for each lesson:* \$12.00 for online, e-mail, and mail within US. \$15.00 for non-US mail.
- The contribution for the **first two lessons** is paid upon registration. You will receive two lessons when you register. You work on one lesson, and keep the other in “reserve”. When you send in the report for one lesson, you can start on the next one while you wait for our response. When we respond to your report, we will send you the next “reserve” lesson.
- To save us time and cost of processing, we suggest you register for multiples of 5 or 10 lessons at a time. This is an option you may exercise during online registration.
- You may pay for all the lessons in a course, or choose to have your credit card automatically charged for each lesson mailed, e-mailed, or placed online. If you prefer to mail your response and wish to mail your contribution with your lesson, please let us know when you register.

## List of Meditation Courses

### 1. Beginning Level:

- ***Meditation 1-1: Meditation for Beginners* - 5-part course.** You will learn the basics of seed thought meditation. This is recommended for all beginners so that you can learn how to utilize seed-thoughts. The course includes readings from the book *The Flame of Beauty, Culture, Love and Joy* and selected seed thoughts for critical thinking. The seed thoughts start with tangible items, and move onto less tangible items. You will be slowly trained to read, synthesize, think deeply, and understand an object from various perspectives.
  - Text: *The Flame of Beauty, Culture, Love and Joy*.

### 2. Beginning-Intermediate Level:

- ***Meditation 2-1: Fundamentals of the Ageless Wisdom* - 12-part course.** Required textbook: *Ageless Wisdom* by Torkom Saraydarian. Each lesson is a compilation of writings on a specific topic as well as instructions for meditation, completion of the course, and a study guide. Specific Chapters from the textbook are assigned to complement each lesson. The course contains the following 12 fundamental topics of the Ageless Wisdom:
  1. What is the Path of Discipleship?
  2. The Constitution of Man
  3. The Hierarchy
  4. The Solar Angel
  5. The Plan
  6. The Great Invocation
  7. Meditation
  8. The Zodiac
  9. Purification
  10. Service
  11. Virtues
  12. Evening Review
  - Text: *The Ageless Wisdom*.
- ***Meditation 2-2: Meditation, the Creative Process* - 13-part course;** a deep study of 13 virtues and their application in life. Detailed readings included in each packet. This is a deeply satisfying approach to the study and application of virtues in our daily life.
  - Texts:
    - *The Science of Meditation*.
    - *The Science of Becoming Oneself*.

### 3. Intermediate Level:

- ***Meditation 3-1: 101 Stories from Agni Yoga – 25-part course.*** Agni Yoga is the Teaching of Living Ethics, given by the Great Sage Master Morya to Helena Roerich. The Agni Yoga books were first written in Russian then translated into English and many other languages. These books contain very advanced Teachings, often expressed in direct and short paragraphs. Much of the Teaching is given by subtle reference, analogy, vision, and parable and stories.

A total of 101 stories were compiled from the Agni Yoga books, and this meditation course was designed to use the stories as seed thoughts.

Each lesson is self-contained with additional readings taken from the three Volume Series of books, *Talks on Agni*, by Torkom Saraydarian. Each lesson contains the specific stories and directions. **No additional books required.**

This is a very appropriate course to help you develop your creativity and intuition. If you are already creative, you will be able to express the insights you gain from your meditation practice in your own particular way. If you wish to find your creative side, or to cultivate it further, this course will encourage you to think outside of your limits, expand your boundaries, and express that inner, creative urge. This is an excellent course for anyone wishing to expand and express your intuitive abilities.

- ***Meditation 3-2: Bhagavad Gita - 18-part course;*** a chapter-by-chapter study of the *Bhagavad Gita*. This book is a classic in esoteric learning. It depicts the struggle of the human soul from the beginning of being awakened to the dismal conditions of life and the total emotional collapse of the personality onto transformation by becoming soul conscious. The lessons learned in each part of this book are skillfully guided by the Lord Krishna in a beautiful, dramatic form. Each lesson has a specific message. You will study, meditate, read, and slowly incorporate the lessons in your life.

- *Text: Bhagavad Gita.*

- ***Meditation 3-3: Creating Prosperity and Success - 12-part course.*** Are you a prosperous and truly successful person in the physical, emotional, mental and spiritual perspectives? Discover the virtues you need in every part of your life in order to have lasting prosperity and success and be able to enjoy it. A study of the laws of prosperity and abundance from the physical, emotional, mental, and higher perspectives.

- *Text: Spring of Prosperity.*

- ***Meditation 3-4: Joy and Healing –12-part course.*** Discover the true inner joy that you were born with. Learn how to bring it out and activate it in your life. Learn to create a new identity for yourself that is joyful, full of hope and faith in the future. Relate to others in your life through the joy and love that is in your heart. This course will help you activate your life with joy instead of through the subconscious memories of sadness and depression. A study of the laws and principles of joy and their application to healing the whole person.

- *Text: Joy and Healing.*

#### 4. Intermediate-Advanced Level:

- ***Meditation 4-1: Challenge for Discipleship*** – 57-part course; based on the book *Challenge for Discipleship*. This course is organized as a daily workbook. Each lesson challenges the student to read the chapter carefully, meditate on seed thoughts, answer questions, and create a new life. The student can progress at his or her own pace, completing each Chapter when the work for each theme is completed. An essay after each Chapter summarizes the student's experience. The purpose of the course is to enable the student to actualize as much of the Teaching as possible.

This course is for the person who is able to take the time to discipline his or her bodies. It is designed for the person whose daily life allows time to study, reflect, and put into action the needed changes. It challenges the student to become a disciple, a person who has knowledge, wisdom, and beingness, and a person who is organized and disciplined. Such a person is a treasury for the family, and for all humanity. When a student becomes a disciple, his service and gifts to humanity increase.

- *Text: Challenge for Discipleship.*

- ***Meditation 4-2: The Science of Becoming Oneself*** – A 60-part course that can take from 3-5 years. This course is designed for the daring person who is serious about becoming the True Self. This is an in-depth, detailed, and very intensive course that takes the aspirant into a deeper understanding of the process of becoming the True Self. The student will observe how he or she grows, deepens, and broadens the consciousness and daily expressions of life. The student will follow the readings, exercises, observations, and meditations that are part of this discipline. This course is recommended especially to the person who is very detail oriented, methodical, and very careful to observe life. The course follows the recommended exercises and the recommended duration for each of the exercises given in the book. This is not for the timid! A deeply philosophical course that will help you re-construct your life.

- *Text: The Science of Becoming Oneself.*

#### 5. Advanced Level:

- ***Meditation 5-1: The Secret Doctrine*** – 24-part course based on the two volume set *The Secret Doctrine* by H. P. Blavatsky; designed for the deeper understanding of this classic book that forms the basis for the esoteric teachings in the 20th Century.

- *Text: The Secret Doctrine.*

- ***Meditation 5-2: Shamballa the Father's Home*** - 30 lessons; consists of compilations on the topic of Shamballa from the A. A. Bailey materials, the Agni Yoga books, and books by Torkom Saraydarian. This course is designed to help you establish the primacy of the Divine Will, worked through with love and wisdom. No textbook required. Each lesson can take one to two months. Can be taken with another course. No required text.

### 3. Introduction to the Ageless Wisdom

#### List of Courses

#### Introduction:

This Four Part Introduction course is a prerequisite for taking the five-year Teacher Training Course. The lessons are beautifully designed to bring to the student an appreciation and understanding of four essential topics in the Ageless Wisdom. This four-part course is recommended for all students who wish to study advanced courses. It is also very useful for self-enrichment.

The Introduction to the Ageless Wisdom consists of four, six-week classes. The topics covered are:

- Joy and Healing
- The Meaning of Prosperity
- Developing the Sense of Responsibility
- How to create Cooperation and Group Consciousness

This course is essential to the understanding of the practical functions of the Ageless Wisdom. In each six-week course, the student focuses on **one of the four** principles that are essential for every spiritually conscious person. You can take this course as self-enrichment or as a preparation for the more intensive five-year program.

Costs involved:

- One time \$25.00 set up fee.
- \$60 contribution for each six-week course, or \$240.00 for the full year.
- The cost of the books; one per quarter.

## Introduction to the Ageless Wisdom

### Course Details

#### 001 — The Meaning of Joy and Healing

This six-week course takes the student through the book *Joy and Healing* with weekly reading and exercise assignments. The student is instructed to complete the exercises given in each of the lessons and write a summary of each lesson. The objective of the course is to help the student cultivate the virtue of joy in his or her life and discover the fountain that gives rise to joy. This is a most important virtue in the life of the spiritual student. When a person starts training in the spiritual Teachings, he or she becomes sensitized and starts seeing life from many angles. It is important to have the ability to be joyful and to go through the challenges of spiritual discipline with the fountain of joy. When we have joy in our lives, nothing will be able to stop our progress; we will be able to understand life and its challenges from the larger perspective and will be able to keep our balance in the midst of turmoil.

Joy and Healing will give you many tools in the form of exercises and visualizations that will help uplift you, bringing you peace and serenity. It will help you build a new identity based on your real talents. The benefit of this course will remain with you for the rest of your life.

- Required Text: *Joy and Healing*.
- If you wish to have the 12 month long, in depth study of this topic, you can also take the meditation course *Joy and Healing*.

#### 002 — The Meaning of Prosperity

The true meaning of prosperity is physical, emotional, mental, and spiritual riches. All of us have such riches, yet we are rarely aware of them. This six-week course helps the student first learn his own riches and then discover the true riches of the universe and how they can be manifested in his own life. The course covers the physical, emotional, mental and spiritual virtues that are necessary for true prosperity.

All spiritual students must be clearly aware of the energies of the universe and how they translate into abundance. The student is helped to understand the laws of prosperity that bring abundance in every facet of life.

Studying these lessons, the student becomes aware of a wider definition of prosperity and abundance. This in turn helps the student to keep his balance and serenity in the face of challenges in life.

- Required Text: *The Spring of Prosperity*.
- If you wish to have the 12 month long, in depth study of this topic, you can also take the meditation course *Creating Prosperity and Success*. Also available: *Total Prosperity and Abundance Seminar*.

#### 003 — Developing the Sense of Responsibility

This six-week course introduces the student to the topic of individual and social responsibility. The lessons contain exercises on developing responsibility in speech, action, thought, and feeling. In addition, the student learns how to recognize the divinity in others in practical terms and think of others as brothers and sisters. There are practical tools for dealing with striving and how to deal with spiritual saturation, shame, and backsliding. The course concludes with the study of the virtues of service and generosity and exercises on how to increase the light.

When you complete this course you will have a very practical approach to responsible actions with tools to help you safely expand in your spiritual development. These tools will help keep you grounded, practical, and loving toward your fellow travelers.

- Required Text: *The Sense of Responsibility in Society*.

#### **004 — Cooperation and Group Consciousness**

This six-week course takes the student, step by step, on the journey of true self-discovery. When we discover just how we, as individuals, fit into the larger tapestry of life, we become expanded and compassionate. In becoming group conscious, we do not lose our individual identity, but learn to appreciate our particular gifts and how these gifts, in a group setting, can be magnified and made more useful. In learning to cooperate with others, we become better friends, better family members, and better team players in any setting.

The principles that operate the mystery of true cooperation and group consciousness are seen in the Law of Cooperation. This course will cover the meaning of group consciousness, competition vs. cooperation, the deeper layers of friendship, and the steps to becoming a truly considerate person.

- Required Text: *Psychology of Cooperation and Group Consciousness*.

A *Certificate of Completion* is awarded upon the completion of all four sections.

## 4. The Undergraduate Program and Teacher Training

### Introduction:

The *Undergraduate Program* consists of a five-year period of intensive study. The philosophy of the course organization is to start with a firm understanding of the microcosm, which is man, and apply that knowledge to the deeper understanding of the macrocosm. Students learn the technical parts of the Teaching and acquire skills to transform their lives through learning how to apply the Teaching. The dual track of *theory* and *practice* offer a balanced and practical approach to spiritual study.

If a student does not wish to commit to the entire five-year program and wishes to choose specific courses for self-enrichment, he or she can elect to take these courses in part, upon the approval of the instructor.

### Degrees Offered:

- BA in Ageless Wisdom Teachings

### Course Fees:

- A one time \$25.00 set up fee per year (per four Quarters)
- Tuition: \$75.00 per quarter (\$300.00 per year)
- Lecture CD's by Torkom Saraydarian chosen to complement the course of study, available for all classes. See list for each class.
- Books: see book list for costs. Plus shipping and handling.

### How to qualify:

- Take the one-year program *Introduction to the Ageless Wisdom*. See page 14 for details.
- Or, Show equivalency. Contact the director for details.

### How to register:

You can register online or complete the form attached. When your form is reviewed, you will be sent a second form that consists of questions regarding your preparedness to engage in intensive esoteric work. Once that form is received, you will be sent the course materials for the first Quarter. Upon completion of the first Quarter, you send in your completed report, and indicate that you wish to register for the second Quarter, and so on.

### Contents of each course:

The student will receive the course materials with detailed directions for study and practice. Each year contains four courses. Each course contains six lessons. Each lesson contains selected reading assignments, suggested additional readings, lecture tapes by Gita Saraydarian when available, meditation or visualization, and study questions.

You may also select appropriate lecture recordings by Torkom Saraydarian. Each lesson has a list of carefully selected lectures from which to choose.

The student will read, meditate and visualize using certain exercises, and answer study questions that facilitate learning the material. At the end of each six-week course, the student completes an essay to summarize what has been learned. The teacher reviews the essays and the next course is made available by mail or online, as the student is ready.

## The Five-Year Training Program Course List and Description

The five-year intensive study program consists of the following study topics: (See below for details of each year's course):

- 1<sup>st</sup> Year — 100 Series: The Constitution of Man
- 2<sup>nd</sup> Year — 200 Series: Planes of Existence and Higher Worlds
- 3<sup>rd</sup> Year — 300 Series: The Esoteric Philosophy on Health and Illness
- 4<sup>th</sup> Year — 400 Series: Higher and Lower Psychism and Rules for Discipleship
- 5<sup>th</sup> Year — 500 Series: Cosmogensis: The Relationship of Man and Cosmos

### 1<sup>st</sup> Year — 100 Series: The Constitution of Man

This course consists of four, six-week classes on the constitution of man, describing the detailed study of the subtle bodies, centers, and the aura.

#### Topics include:

1. The etheric body
2. The seven etheric centers and their correspondences in the emotional and mental planes
3. Prana and its function, the pranic triangle
4. Fires in the bodies
5. Kundalini
6. The role of virtues on the centers
7. Telepathy
8. The thinking process
9. The human aura: its composition, colors, sounds, and its role as a mechanism of protection and contact

The purpose of this class is to give the student a thorough understanding of the constitution of man and the electrical makeup of the human being. After completion of this course, students will have a detailed knowledge of the framework of the esoteric constitution of man, the role of the aura and its relationship to shield and protect and provide a vehicle of communication. This work is essential in understanding the courses that follow.

#### The required texts are:

- *New Dimensions in Healing*
- *Telepathy and the Etheric Vehicle* (by A. A. Bailey)
- *Aura, Shield of Protection and Glory*

**Recommended Lecture Recordings by Torkom Saraydarian:**

The following lecture recordings given by Torkom Saraydarian have been chosen to enhance your studies. They are not mandatory, but are selected to help you to gain a deeper appreciation for the Teachings as presented by Torkom. The lectures impart knowledge, wisdom, and the psychic energy of the Teaching.

If you wish to supplement your studies with Torkom's lectures, please choose all or any from the following and be sure to include the titles and dates with your order:

- Healing: The Constitution of Man: 10/17/1993
- Healing Etheric Body: 10/24/1993
- Healing, Striving Toward Perfection: 10/10/1993
- Healing, Esoteric Science Behind: 08/09/1992
- Healing, Five Bodies and Their Relationships: 08/23/1992

**2<sup>nd</sup> Year — 200 Series: Planes of Existence and Higher Worlds**

Consists of four, six-week classes on the topic of Planes of Existence and the Higher Worlds. The class format will follow the same as those of the first year. The course will be an in-depth study of the Other Worlds.

**Topics include:**

1. The birth of the soul and the qualities of the Subtle Worlds.
2. Major components of the Higher Worlds.
3. Sleep, dream, children and problems in the Higher Worlds.
4. Practical path to the Higher Worlds.

The purpose of this class is to give the student a thorough understanding of the Higher Worlds and how the human being interacts with the various levels of existence.

After completion of this course, students will be able to identify the path of the human soul apart from its vehicles. They will clearly understand the seven laws of existence and how the human soul interacts with them. Also, students will learn what are the steps leading to the Higher Worlds.

**The required texts are:**

- *Other Worlds*
- *Breakthrough to Higher Psychism*
- Video: *Other Worlds, Planetary Schools* by Torkom Saraydarian
- *Letters on Occult Meditation* (by A. A. Bailey)
- Suggested readings are assigned from the following books by Torkom Saraydarian. If you wish to travel more deeply into the topic of Higher Worlds, these books offer excellent supplementary readings: *Dynamics of the Soul, Hidden Glory of the Inner Man, The Subconscious Man and the Chalice, Battling Dark Forces, Challenge for Discipleship, Sense of Responsibility in Society, Education as Transformation, Vol. II, Karma and Reincarnation, Thought and the Glory of Thinking*. These books can be ordered directly from us.

[www.TheTorkomSaraydarianUniversity.org](http://www.TheTorkomSaraydarianUniversity.org)

Telephone: 480-502-1909

**Recommended Lecture Recordings by Torkom Saraydarian:**

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If you wish to supplement your studies with Torkom's lectures, please chose any or all from the following and be sure to include the titles and dates with your order:

- Astral Plane: Inhabitants and Senses on Seven Levels: 06/05/1985
- Subtle World, Agni Yoga: 10/14/1990
- Subtle World, Living Ahead: 02/26/1995
- The Other Worlds, Windows to: 04/10/1994
- The Other Worlds and Karma: 07/10/1994
- The Reason that we Die: 07/23/1989

**3<sup>rd</sup> Year - 300 Series: The Esoteric Philosophy on Health and Illness**

The Third year consists of training on the esoteric causes of health and illness. Students will learn the basic laws of health and learn how health and illness taken in a larger context show the law of karma and its effects. Attention will be paid to the role of the subconscious mind and the Chalice and our self-images and how these play a role in our health and healing. Students will also learn about the role of the Teaching in health and how to keep the balance to optimize the effect of the Teaching in our life.

**Topics include:**

1. The psychological causes of disease
2. Fundamental laws of healing
3. Advanced topics in healing
4. Laws of balance and equilibrium
5. The subconscious mind and the Chalice

Upon completion of this course, students will have a clear view of the laws of health and how these interact with the constitution of man and result in the myriad of conditions of health and illness we see both individually and nationally. Students will be able to formulate the philosophical foundations for the future well being of humanity.

**The required texts are:**

- *Esoteric Healing* (A. A. Bailey)
- *New Dimensions in Healing* by Torkom Saraydarian
- *Challenge for Discipleship* by Torkom Saraydarian

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Telephone: 480-502-1909

**Recommended Lecture Recordings by Torkom Saraydarian:**

The following lecture recordings given by Torkom Saraydarian have been chosen to enhance your studies. They are not mandatory, but are selected to help you to gain a deeper appreciation for the Teachings as presented by Torkom. The lectures impart knowledge, wisdom, and the psychic energy of the Teaching.

If you wish to supplement your studies with Torkom's lectures, please chose from the following and be sure to include the titles and dates with your order:

- Healing Through Love: 01/31/1993
- Healing through Balance: 12/13/1992
- Health: Cooperation and Health: 9/20/1992
- Does Meditation Improve Health: 4/27/1988
- How Mental Health Can be Secured: 09/02/1987
- What Gossip Does to your Health: 09/16/1987
- Purity of Heart: 07/21/1983

**4<sup>th</sup> Year - 400 Series: Higher & Lower Psychism and Rules for Discipleship**

This class will focus on the topic of higher and lower psychism. Students will study in depth about initiation, psychism in all its various aspects, the growth and development of the human soul, and the rules for discipleship given in the books by Torkom Saraydarian and by the Tibetan Master.

**Topics include:**

1. The Fourteen Rules for Applicants for Initiation
2. A detailed study of psychism, higher and lower
3. The true path of the Disciple
4. The problems of mediums, channels, and low level psychics
5. The Other Worlds and psychism
6. Art, creativity, and auras
7. Psychic attacks and protection
8. Virtues

Upon completion of this course, students will be well versed in the psychology of psychism in its multiple manifestations. Students will be able to distinguish the differences between lower and higher psychism and be able to discover the subtle ways in which levels of psychism can be understood and distinguished.

**The required texts are:**

- *The Psyche and Psychism*
- *Breakthrough to Higher Psychism*
- *Challenge for Discipleship*

- *Other Worlds*
- *Initiation, Human and Solar*
- *New Dimensions in Healing*

### Recommended Lecture Recordings by Torkom Saraydarian:

The following lecture recordings given by Torkom Saraydarian have been chosen to enhance your studies. They are not mandatory, but are selected to help you to gain a deeper appreciation for the Teachings as presented by Torkom. The lectures impart knowledge, wisdom, and the psychic energy of the Teaching.

If you wish to supplement your studies with Torkom's lectures, please chose from any or all of the following and be sure to include the titles and dates with your order:

- True Psychism: 03/07/1982
- What is Emotional Purification: 09/23/1984
- Purity of Body: 07/06/1983
- Purity of Heart: 07/21/1983
- Purity of Mind: 07/27/1983
- Psychic Attacks: 05/18/1983
- Astral Body: Signs of Healthy Emotions: 06/12/1983
- Imagination and Astral Body: 03/15/1992
- Toward New Actualization, Manifestation of Inner Urges: 12/08/1991
- Higher Values: 05/28/1989

### 5<sup>th</sup> Year - 500 Series: Cosmogenesis: The Relationship of Man and Cosmos

The fifth year of study will focus on the understanding of how humanity is created; how the solar systems came into being; the rounds, globes, and cycles of manifestation. We will also focus on building our communication devices, how to communicate as souls, how to lecture and teach the Teaching, and what problems and challenges develop in spiritual group and leadership work.

#### Topics include:

1. The esoteric study of the birth of the Solar System
2. The structure of Hierarchies
3. Finding the Plan and the Purpose
4. Soul to soul communication
5. Resolving personal and group problems
6. Spiritual leadership
7. Building our communication devices
8. Self evaluation in soul consciousness

After completing this course, students will have a deeper appreciation for the cosmic order in which we all live. Selected exercises and meditations will help each individual to find his or her Plan in life. The student will learn about the cycles and rhythm of life and how to integrate our life into a deeper rhythm. Students will prepare and deliver a series of lectures and learn how to communicate as souls. Students will learn key problem areas in group life and spiritual leadership and how to identify these problems and learn creative ways of resolving conflict.

**The required texts are:**

- *The Psyche and Psychism*
- *Cosmos in Man*
- *New Dimensions in Healing*
- *Eyes of Hierarchy*
- *Leadership Volumes 1-5, (choose any volume to study)*
- *Teaching the Ageless Wisdom*
- *The Subconscious Mind and the Chalice*

**Recommended Lecture Recordings by Torkom Saraydarian:**

The following lecture recordings given by Torkom Saraydarian have been chosen to enhance your studies. They are not mandatory, but are selected to help you to gain a deeper appreciation for the Teachings as presented by Torkom. The lectures impart knowledge, wisdom, and the psychic energy of the Teaching.

If you wish to supplement your studies with Torkom's lectures, please chose from any or all from the following and be sure to include the titles and dates with your order:

- Cosmic Magnet: Agni Yoga lessons on: 05/27/1987
- Cosmic Magnet: Agni Yoga on Decision: 04/18/1993
- Communication with Cosmos: Wesak: 04/24/1994
- How to Worship the Creator: 07/01/0984
- Three Crises: 09/13/1987
- Dangers of Service: 07/24/1988
- What is the Role of Great Leaders: 02/14/1993
- Leadership in Life: 09/03/1995
- How to Lecture: 02/06/1991
- How God Communicates: 07/23/1986

Upon completion of the Five Year Program and requirements for graduation, students are awarded a Diploma and are invited to participate in the Graduation ceremony held annually at Wesak.

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## a. Required Units to Complete the Five-Year Training Program

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Below is information regarding required units for graduation.

**A total of 150 units of credit are required** to be eligible for a diploma and graduation. Credit units may be accumulated as follows: (For details on reports, please contact the director.)

### 1. Five-Year program of classes:

Each 6-week session in the 5-year program carries 6 units of credit. Credit is given when the required homework is completed. Each year earns 18 units of credit, totaling 85 units of credit for the five years of classes.

### 2. Seminars:

Seminars are 1-3 day events presented at the TSG Center or other Centers around the world. If a student wishes to be credited for attending the seminar, he or she may write a summary paper for each full day of the seminar. Each day's report will earn 3 units of credit. Reports need to be at least one page per day. If seminar recordings are available, students may choose to purchase videos or CD's and write summaries for credit.

### 3. Full Moon Lectures:

Summaries of Full Moon lectures given by Torkom Saraydarian or Gita Saraydarian earn 2 units per summary of a one-hour lecture. Summaries are 1-3 pages in length.

### 4. Give a lecture at a TSG Conference:

A 35-45 minute lecture presentation during or after your fifth year of training at our Annual Conference earns additional credit of 5-10 units. Lectures must be prepared and approved in advance. Preparation and approval process will need 4-6 months of work. Consult the Director for details.

### 5. Original Research Project:

Open for students who conduct an original research project on an approved subject of the Teaching. This may include preparing a meditation or study course or research on subjects dealing with the application of the Teaching in a field of human endeavor. Credit is based on length and complexity of project. (10-30 units)

### 6. Senior Thesis:

Senior Thesis, completed the fifth year of undergraduate work, carries 10 units of credit and is 20-25 pages in length. Students will choose a theme in the beginning of the fifth year of study and develop it throughout the year with approval from the student advisor. The thesis must be completed successfully and be deemed of high quality and original thinking.

### 7. Meditation Courses:

Students at any level may take meditation courses. It is recommended that students start on a meditation course beginning with their second year of Undergraduate Training. Each completed meditation lesson earns the student one-credit unit; a 12 part course thus earns 12 units.

#### 8. Book Reports:

Students also may read and write a summary of books by Torkom Saraydarian. Each book summary needs to be 3-4 pages in length. Each summary earns 2 units of credit or more for larger books. Since some books are much longer in length than others, it is advised that a student discuss the choice of books with the advisor or teacher.

#### 9. Summary of Units:

A total of 150 units needed to graduate. Extra classes, seminars, book reports, lectures, meditation courses, or special projects under the care of an advisor can earn the needed units. The following is a summary of the units that may be earned:

- 5-year program of classes (four courses per year): 85 units
- Senior Thesis: 10 units
- Student Lecture Presentation: 5-10 units each
- Summary of lectures given by Torkom Saraydarian or Gita Saraydarian: 3 units for each hour of lecture
- Meditation courses, four-year monthly lessons: 1 unit for each lesson
- Research project: units based on length and complexity of project: 10-30 units
- Creating and writing a complete Meditation course or study course for TSG University: units based on length and complexity of project. 10-30 units

#### 10. Certificates

Certificates and diplomas are awarded by mail or in person. Graduation ceremonies are held annually at TSG Wesak Conference and Retreat.

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## b. Academic Requirements for 5-Year Training

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The academic requirements to be accepted in the 5-year training program are as follows:

One year introductory course taken at TSG University or, show equivalent study and training from books, teachers, or courses that correspond to the courses we teach.

Equivalency is determined when the student shows that he or she has:

- Read at least the following four books by Torkom Saraydarian: *Joy and Healing*, *Spring of Prosperity*, *The Sense of Responsibility in Society*, *Psychology of Cooperation and Group Consciousness*
- A basic understanding of the Teaching and about the works of the major Teachers of the 20th century.
- A basic understanding of the constitution of man, meditation, discipline, and the use of the Great Invocation.
- Qualify for admission according to the requirements given below and in the registration form.
- Complete the admission application form and prepay the required tuition fee. (Tuition scholarships are available. Contact us for details)

The Individual applying for admission in the undergraduate as well as graduate courses of study is required to be:

- Free of dangerous, mind altering drugs, hypnotism, obsessive and possessive tendencies, and lower psychism such as mediumism and channeling.
- Emotionally and mentally healthy and able to study and learn despite physical challenges, if any.
- Willing and ready to study and apply the learned principles in a noble and honest way.
- Able to write cohesively and clearly the required reports for each course.
- Willing to give periodic oral reports and make short presentations in class (Correspondence students can audio tape their presentations and send the tape to the instructor.)
- Is sincere and a responsible citizen of humanity and upholds the laws of his nation and country.
- If a student is taking any medication or is under medical or psychiatric care, he or she should inform the teacher and inform the medical caretaker of the desire to participate in this course. The University will be happy to communicate with the student's caretaker if this is needed to explain the work expected. Written approval from the medical caretaker is needed if a student is under serious medical care of any sort. If the student wishes to protect his or her privacy and does not wish to inform the teacher, it is assumed that clearance has been made with the medical caretaker of the intent to train and study the Esoteric Wisdom.
- If a student's religious or other beliefs are contradicted in any way by the study of the Ageless Wisdom Teachings, it is important that the student discuss this with the teacher prior to registration.

### 5. The Graduate Program

[www.TheTorkomSaraydarianUniversity.org](http://www.TheTorkomSaraydarianUniversity.org)

Telephone: 480-502-1909

**Degrees Offered:**

**Master of Arts Degree in Ageless Wisdom Teachings.** The student may then choose one of the following paths:

1. Ministry of the Ageless Wisdom
2. Teacher of the Ageless Wisdom
3. Continue studies in the Ph.D. Program

The Graduate Program at *TSG University* follows the Five-Year training program. This program is designed to provide the student an opportunity of deeper and broader study, focus on one particular field, and conduct research in that particular field. It is an intense period of spiritual unfoldment and expansion. The student may choose to complete the ministry or the teacher program.

The program is designed to allow the student to have a full partnership in planning the training program that is most suitable for his or her spiritual goals.

Graduate studies will consist of writing a thesis based on research and original thinking as well as the opportunity to create and teach courses, give lectures, and participate in meditation courses.

The Graduate student is required to be active in the Teaching community. You may choose to serve as a teacher, lecturer, group leader, minister, or provide services to the Teaching in any way that is suitable for him or her.

For a detailed Graduate Catalog, please contact the Director for eligibility and requirements.

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## VI. Students by Correspondence and Online

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### General Information:

- Correspondence students may choose to receive the course work directly online, by e-mail or through the regular mail. Students may begin course work anytime and allow themselves four weeks for meditation courses, or six to eight weeks to complete the courses organized on the quarterly basis. The length of time taken to complete each lesson is adjustable to fit your needs. We encourage students to keep a regular schedule so that the most benefit is gained through rhythmic and consistent study. If you are unsure about where to begin, please contact us by telephone, mail, or e-mail and we will discuss various possibilities with you.
- Torkom Saraydarian gave hundreds of lectures on a variety of topics. Our recommendations are listed under each course of study. You may also choose any lecture recording that you wish to study. The complete list of audio and video lectures is available online.
- All seminars that are video and/or audio taped, and are deemed suitable for distribution, will be available to students. If a student wishes to attend in person or by video and receive credit, he or she can do so with the completion of a report on each seminar.
- We respect the work of true teachers. Any student presently studying with a spiritual teacher is encouraged to inform the teacher of his or her intention to study with *TSG University*. Please understand that if you are already studying in another institution or with another teacher, we may find that the additional course of study with us may not be in your best interest. If you are presently studying with another teacher, please discuss your course work with our Director prior to registration.
- Students are also encouraged to attend annual conferences and retreats. It is optimum to attend every year and take part in building the discipleship community. Attending conferences and seminars will enhance students' participation in the Teaching and their connection to the community of students and leaders.

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## VII. The Director

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### Gita Saraydarian

Gita Saraydarian is the daughter of Torkom Saraydarian and the founder and President of **TSG Publishing Foundation, Inc.** and **TSG University** in Cave Creek, Arizona.

Gita was born in Amman, Jordan and immigrated to the United States in 1959. She was brought up in an Armenian household and studied the Armenian Language at home. In Amman, she attended public schools where the instruction was in Arabic. She loved to study language and culture and, in high school she studied the Russian language. In college she studied French and Chinese and focused her academic work on history and culture and foreign policy.

From birth, her life was filled with the ideas, belief systems, and peoples of different religions, cultures, and language. At home, the family practiced the Armenian Orthodox Christian religion and went to church in the nearby town. The children also learned from both parents about Sufism, Hinduism, Buddhism, Islam, and about the myths and hero stories from various cultures. The children were often taken to different churches and exposed to various forms of worship. Both parents were students of the Ageless Wisdom and practiced meditation and study at home. A small group of students met at the family home while in Jordan and studied the Teaching. This was the first spiritual group that Torkom founded. The children learned early on to love and honor all religions and cultures and see the thread that unites all of them.

Gita's academic interests have always been centered on language, culture, communication, and politics. She wanted to be a teacher early in her childhood. That early passion never left her and as she returned to school to complete her education, she assisted professors while working on her Masters' degrees.

In 1984 she began to lecture on the Ageless Wisdom and slowly expanded these classes, added courses by correspondence, lectured and gave seminars in various cities in the United States and internationally. In the year 2000, the courses were further organized and formed the foundation of *TSG University*.

Her educational background includes a Master of Arts degree in Law and Diplomacy from Tufts University (Fletcher School of Law and Diplomacy); a Master of Arts Degree in History; a Bachelor of Arts degree in Cultural Anthropology and Linguistics from California State University Northridge. Her focus in academic training was on China and its relations with the United States. She lived in Taiwan in order to do research, teach, and study Chinese. After graduating from Tufts University, she founded the *TSG Publishing Foundation, Inc.* and began to publish and teach her father's books.

In November 2003 Gita was ordained as a minister in the Temple of the Ageless Wisdom.

Her multi-disciplinary academic training, travels and studies abroad, and her family background give a cross-cultural quality to her entire philosophy and approach to life.

Her thoughts about life and its relationship to the Ageless Wisdom are summed up as follows:

*In my whole life I have seen how much good a human being can do when in touch with his or her soul purpose and, conversely, how much damage a human being can do when living and acting out of ego and vanity and personality viewpoints. I have noticed that greatness does not come simply as a result of our background, but rather from the striving to surpass and improve on that imprint of basic culture. I have noticed that in every culture, we can find the essential and eternal values that honor life. We also find in all cultures a retardation of these values, a part that espouses the non-essential and transient values in life. When these latter values are emphasized in any nation in a larger proportion to the timeless values, then we see the materialization and degradation of the human being, animals; or all of life. We see a lack of respect, the emphasis on selfishness and self-centered living.*

*The purpose of human beings is to find the most essential and eternal values and live by them; it is to become instruments of Divine Love, Divine Intelligence, and Divine Will.*

*The Ageless Wisdom provides the philosophical foundation upon which this transformative process can take place. It is not separate from daily life but an integral part of it. My philosophy is that each of us has a tremendous capacity for greatness, yet we chain ourselves to a mediocre existence through ethnic, national, cultural, social, family, and personal mind sets. Who and what we are is hugely influenced by our background, but we cannot forget that we are also human souls, and that the greatest and most lasting part of us does not belong to color, religion, nationality, or culture. The human soul is on a journey of perfection, hence incarnates in myriad nations, cultures, languages, and religions. We can express ourselves in any culture, any religion, and any nation without losing our divine heritage. We can use who we are to bring transformation into our community and society and, at the meantime, not to forget the greater community of the human family in which we live. Ultimately, we can use who we are and all the potentials hidden in us to be great human beings with unlimited creative expression when we surpass our limited self-identities. We are souls on a great journey back home. By using the guidelines of the Ageless Wisdom, we can truly fulfill our destiny to become souls and be instruments of Divinity.*

Gita Saraydarian was appointed by Torkom Saraydarian as the Trustee for the *Creative Trust*, which holds all of his creative works. She is involved in carrying out his legacy by teaching, publishing the remaining manuscripts, giving seminars, traveling, and building a library which will house the archives of the Creative Trust.

*The TSG Publishing Foundation, Inc.* is a tax exempt, non-profit organization involved in the publishing and distribution aspect of the work; *TSG University* was founded in 2000 in order to offer training and fulfill Torkom's lifelong dream of establishing a high-level spiritual University.

**Gita Saraydarian** is available for seminars and Ministerial Services. Please contact us for information.

## VIII. Registration Forms

In this part of the **Course Catalog**, you will find information about the fees and a series of registration forms for each course.

### Fees for courses:

- |  |  |
|--|--|
| 1. Meditation Courses  | \$25.00 set up fee. \$12.00 contribution per lesson plus book if applicable. \$15.00 per lesson for all packets mailed outside USA.  |
| 2. Introduction to the Ageless Wisdom  | \$25.00 set up fee. \$60.00 tuition per quarter/\$240 per full year, plus book for each quarter.   |
| 3. Undergraduate Program   | \$25.00 set up fee per year. \$75.00 tuition per quarter/\$300 per full year, plus books and recordings for each quarter. The number of recordings varies per quarter. Add \$10.00 per CD or \$5.00 online download. |
| 4. Graduate Program: specially designed by Program Director to fit each student's needs.                       | \$500.00 per year. Material costs, if any, will be assessed upon determining the direction of study and research.  |
| 5. Personal Enrichment Courses: The following is a list of the courses and the corresponding costs associated: |  |

#### a. Labors of Hercules:

- \$140.00 for complete CD set.
- \$91.00 complete downloads set.
- Individual orders: \$10.00 per CD plus \$5.00 S & H per CD: Or \$6.50 per Download.
- The book *Labors of Hercules* by A. A. Bailey is available at TSG for \$14.00.
- Shipping and handling charges apply for mailed packages. Check website for exact charges.

#### b. Building the Lighted House

- \$90.00 for complete set. Includes 9 CD's
- \$180.00 for complete set on DVD
- \$58.50 for complete set of downloads.
- Shipping and handling charges apply for mailed packages. Check website for exact charges.

## c. Total Prosperity and Abundance

- \$180.00 for complete set. Includes 10 CD's and handouts.
- \$160.00 for complete downloads set.
- Supporting materials are mailed with the CD package.
- Shipping and handling charges apply for mailed packages. Check website for exact charges.

**Book List:**

List of books for classes mentioned in this catalog are as follows (please see our product catalog and price list for latest prices available in print or online.)

- *Aura, Shield of Protection and Glory*
- *Battling Dark Forces*
- *Bhagavad Gita*
- *Breakthrough to Higher Psychism*
- *Challenge for Discipleship*
- *Cosmos in Man*
- *Dynamics of the Soul*
- *Education as Transformation*
- *Esoteric Healing*
- *Eyes of Hierarchy*
- *Hidden Glory of the Inner Man*
- *Initiation, Human and Solar*
- *Joy and Healing, 3<sup>rd</sup> edition*
- *Karma and Reincarnation*
- *Labors of Hercules by AAB.*
- *Letters on Occult Meditation*
- *New Dimensions in Healing*
- *Other Worlds*
- *Symphony of the Zodiac*
- *Teaching the Ageless Wisdom*
- *Telepathy and the Etheric Vehicle*
- *The Flame of Beauty, Culture, Love, and Joy*
- *The Psyche and Psychism*
- *The Psychology of Cooperation and Group Consciousness*
- *The Science of Becoming Oneself*
- *The Science of Meditation*
- *The Secret Doctrine, 2 Volume set, by special order*
- *The Sense of Responsibility in Society*
- *The Solar Angel*
- *The Spring of Prosperity*
- *The Subconscious Man and the Chalice*
- *Thought and the Glory of Thinking*
- Video: *Other Worlds, Planetary Schools* by Torkom Saraydarian
- Torkom's lecture tapes on video: (complete list available online or by mail)
- Torkom's lecture tapes on CD: (complete list available online or by mail)

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## How to Register

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[www.TheTorkomSaraydarianUniversity.org](http://www.TheTorkomSaraydarianUniversity.org)

Telephone: 480-502-1909

- To register by mail, please choose the appropriate form from the attached documents below.
- To register online, please log onto [www.tsgfoundation.org](http://www.tsgfoundation.org) and go to TSG University.
- To order class materials, you may use our website for online orders: [www.tsgfoundation.org](http://www.tsgfoundation.org)
- You may also call us to talk to the Director or register by telephone.
- Please check required materials, and add Shipping & Handling. Call us for a complete quote.
- For all orders outside of the United States, please indicate shipment by air or surface and we will give you a full quote prior to mailing.

**For International orders of books and tapes:** If you reside in Europe, you may order books and tapes directly from TSG (UK) Ltd in London. [www.tsg-uk.org](http://www.tsg-uk.org) or telephone Catriona Nason at +44 (0) 20 8979 8444. Your lessons will be placed online or mailed to you directly from our Home Office.

## VIII. TSG University Registration Form

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### #1: Use to register for Meditation Courses

For registration for any of the **meditation courses** in this catalog, please complete the form below and send it to us.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip/State: \_\_\_\_\_

Country: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Name of the course(s) you wish to take:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

The questions below help us determine if the course you wish to take is appropriate for you. Upon reviewing your application, we will contact you via telephone or email and confirm your registration.

We do not discriminate nor place restrictions on any person's course of study. The choice of classes will ultimately be determined with your full agreement. You can answer these questions on a separate sheet of paper.

1. Why are you interested in taking the spiritual course indicated on this application?
2. Have you previously taken meditation courses? If so, please give a description and length of course or courses.
3. What is the name of the institution in which you have studied?
4. What other spiritual disciplines and studies have you undertaken? Please describe briefly the classes and lectures and workshops you have attended and books you have read.
5. Spiritual work needs the following disciplines: Are you ready for spiritual discipline?
  - Leading a life free of habitual drinking of alcoholic beverages?
  - Leading a life free of non-prescription drugs?
  - Leading a life of harmlessness?
  - The willingness to share and serve?

Spiritual work often brings to our attention the needed adjustments we must make in order to grow into spiritually mature individuals. Meditation and spiritual study assume that the person will make needed lifestyle changes in order to grow fully and transform all the vehicles.

[www.TheTorkomSaraydarianUniversity.org](http://www.TheTorkomSaraydarianUniversity.org)

Telephone: 480-502-1909

Students need to consider that spiritual work involves the physical body, the emotions, the mind, and the family and environment. We cannot continue our life as usual if we wish to gain the most benefit from our spiritual work. Our commitment is to provide you with the tools that may help you to make the necessary adjustments in your life. We also encourage all our students to learn from other sources about healthy living, exercise, right foods, right health and medical treatments, as well as learning to develop healthy relationships with others.

As you proceed on your path of development, you may have many questions regarding your lessons and the information therein. Please understand that any opinions and directions for your spiritual transformation are given as information that may benefit you. You are completely free to follow said advice or not follow it. We do not ask for obedience to any person or course or book. It is you who will determine how you will conduct your life as you take on spiritual discipline. You can check with your teacher any time for direction as you need it.

I have read the above and understand its contents:

Signed: \_\_\_\_\_

When your order is processed, we will include any books that are applicable for the course that you chose and mail the entire package to you. If you already have the book, please let us know.

*If you wish to have total cost confirmation, please call us or e-mail and we will quote the total charges before processing your registration.*

If paying by credit card, please include the following:

Visa  MasterCard  American Express  Discover

Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

TSG University  
P.O. Box 7068  
Cave Creek, AZ 85327 USA  
Tel: 480-502-1909  
Fax: 480-502-0713  
E-mail: [ttsu@tsgfoundation.org](mailto:ttsu@tsgfoundation.org)

## VIII. TSG University Registration Form

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### #2: Use to register for Introduction to the Ageless Wisdom (Classes 001,002,003,004)

You may register for each quarter separately, or register for the entire year (four quarters) all at once. For the Introduction courses, please complete the following form and mail or e-mail to the address below. If you need the texts, please indicate on the appropriate line.

Name \_\_\_\_\_

Address \_\_\_\_\_

City, Zip, Country \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail address \_\_\_\_\_

Attached is Check # \_\_\_\_\_

Money Order          Visa          MasterCard

Credit Card # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Exp.Date: \_\_\_\_\_

Contribution\* \$25 course setup fee plus \$60.00 for each quarter or \$240.00 for four quarters:

I am registering for the following courses: (please indicate courses and books needed. Check price list for latest prices):

1. First Quarter: *Joy and Healing*
2. Second Quarter: *Spring of Prosperity*
3. Third Quarter: *The Sense of Responsibility In Society*
4. Fourth Quarter: *Psychology of Cooperation and Group Consciousness*

Sub-Total: \_\_\_\_\_

Arizona residents add sales tax (6.8%) on books only:

Contact us for shipping in US and outside US. Indicate airmail or surface for non US postage.

Total: \_\_\_\_\_

Student Questions:

The questions below help us determine if the course you wish to take is appropriate for you. Upon reviewing your application, we will contact you via telephone or email and confirm your registration.

We do not discriminate nor place restrictions on any person's course of study. The choice of classes will ultimately be determined with your full agreement. You can answer these questions on a separate sheet of paper.

1. Why are you interested in taking the spiritual course indicated on this application?
2. Have you previously taken meditation courses? If so, please give a description and length of course or courses.
3. What is the name of the institution in which you have studied?

4. What other spiritual disciplines and studies have you undertaken? Please describe briefly the classes and lectures and workshops you have attended and books you have read.
5. Spiritual work needs the following disciplines: Are you ready for spiritual discipline?
  - a. Leading a life free of habitual drinking of alcoholic beverages?
  - b. Leading a life free of non-prescription drugs?
  - c. Leading a life of harmlessness?
  - d. The willingness to share and serve?

Spiritual work often brings to our attention the needed adjustments we must make in order to grow into spiritually mature individuals. Meditation and spiritual study assume that the person will make needed lifestyle changes in order to grow fully and transform all the vehicles. Students need to consider that spiritual work involves the physical body, the emotions, the mind, and the family and environment. We cannot continue our life as usual if we wish to gain the most benefit from our spiritual work. Our commitment is to provide you with the tools that may help you to make the necessary adjustments in your life. We also encourage all our students to learn from other sources about healthy living, exercise, right foods, right health and medical treatments, as well as learning to develop healthy relationships with others.

As you proceed on your path of development, you may have many questions regarding your lessons and the information therein. Please understand that any opinions and directions for your spiritual transformation are given as information that may benefit you. You are completely free to follow said advice or not follow it. We do not ask for obedience to any person or course or book. It is you who will determine how you will conduct your life as you take on spiritual discipline. You can check with your teacher any time for direction as you need it.

I have read the above and understand its contents:

Signed: \_\_\_\_\_

Upon registration, you will receive the assignments for the first quarter. When you complete the assignments, we register you for the second quarter if you have not already, and send the assignments for the next class, and so on until you have completed the first year. After the first year, we will help you determine if you should continue with the introductory course for another year, or start the five year training program.

Make check payable to, and mail or e-mail application form to:

**TSG University**  
P. O. Box 7068 Cave Creek, AZ 85327  
Tel: 480-502-1909 Fax: 480-502-0713  
E-mail: [ttsu@tsgfoundation.org](mailto:ttsu@tsgfoundation.org)

*\*TSG Publishing Foundation Inc. is a Non-Profit, Tax-exempt Organization (501 C.3)  
TSG University is organized under the auspices of TSG Publishing Foundation, Inc.*

## VIII. TSG University Registration Form

### #3: Use to register for Five-Year Training Program

#### Part 1 of Application

All students in the **five-year training program** must complete this two-part registration form, which includes the questions in the following two pages. You only need to complete this form once. You can register for one quarter at a time, or for four quarters. If you wish to register for one quarter, after the completion of each quarter, please let us know if you wish to continue with the next one and we will register you. Or, you can send the tuition for the next quarter with your completed assignment.

Name \_\_\_\_\_

Address \_\_\_\_\_

City, Zip, Country \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail address \_\_\_\_\_

Attached is Check # \_\_\_\_\_

Money Order      Visa      MasterCard      Discover      AmEx

Credit Card # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Exp. Date: \_\_\_\_\_

“I have read all the conditions stated on the registration information pages carefully and have answered the questions truthfully. I acknowledge my agreement with my signature. I hold *TSG University* and *TSG Publishing Foundation Inc.* and its teachers and Board of Directors harmless from any harm that may come to me as a result of my studies of the Ageless Wisdom. I understand that I am free to consult with any teacher or medical doctor. I further acknowledge that I am registering for the above referenced course of study under my own free will. I will honor and uphold the principles and regulations of *TSG University.*”

Signed \_\_\_\_\_ Date \_\_\_\_\_

\$25 setup fee per yearly course

Tuition for each quarter is a contribution of: \$75.00

Tuition for four quarters is: \$300.00

Required Texts:

- *New Dimensions in Healing*
- *Aura, Shield of Protection and Glory*
- *Telepathy* by Alice A. Bailey

Arizona residents add 6.8% sales tax for book purchases:

Recordings for class: Cassette—CD—Download online: \_\_\_\_\_

Total Enclosed: \_\_\_\_\_

For international shipments, please call us for surface or air shipment costs.

Make Check payable to, and mail completed form to:

**TSG University**

P. O. Box 7068 Cave Creek, AZ 85327

Tel: 480-502-1909 Fax: 480-502-0713

E-mail: [ttsu@tsgfoundation.org](mailto:ttsu@tsgfoundation.org)

\**TSG Publishing Foundation Inc.* is a Non-Profit, Tax-exempt Organization (501 C.3)  
*TSG University* is organized under the auspices of *TSG Publishing Foundation, Inc.*

## VIII. TSG University Registration Form

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### #4: Use to register for Five-Year Training Program Part 2 of Application

All Five-Year Training Program Students must read and complete the questions below. The information provided below defines our philosophy and the requirements that we find important for students undergoing intensive spiritual training. Please read the material and answer the questions below and mail it to us with the completed registration form.

If you are presently under medical or psychiatric or psychological care, please speak to your caretaker and make sure this course of study is approved by the personnel involved.

You are undertaking this course of study under your own free will. You are under no obligation to follow this line of thought or in any way to follow any teacher or way of thinking. You can freely drop out of any class at any time and a full refund of remaining tuition will be made promptly.

You will be dismissed from any of the courses and activities if your conduct is considered immoral, dangerous to others and to yourself, illegal, or in any way harmful to the TSG University, TSG Foundation, staff, students, or teachers.

We aspire to teach the real Teaching, as we understand it. Our work will be based primarily on the creative works of Torkom Saraydarian. Occasionally in the undergraduate classes and increasingly in the graduate levels, you will study from other sources and materials that have been carefully selected by the Director. Please inform your instructor in advance if this line of thinking is not in accord with yours.

We do not discriminate based on gender, race, culture, or religion. We look for men and women who are ready to strive and transform themselves at their own speed and ability. We require honesty and integrity from all our students. If a student behaves in a way deemed not worthy of a spiritual aspirant, *TSG* and *TSG University* have the right to dismiss the student

### Questions (answer on a separate sheet of paper, attach to application):

- Why do you want to study the Teaching?
- What spiritual studies have you made in the past 5 years?
- Are you willing to learn about other religions, spiritual concepts, and clear thinking?
- What are the names of the books and video lectures by Torkom Saraydarian that you have studied?
- Do you now, or have you in the past meditated? If yes, what kind of meditation and for how long?
- What kind of spiritual experiences have you had in the past 10 years, if any?
- What other spiritual studies have you made in the last 10 years?
- Have you ever been convicted of criminal conduct?
- Have you ever been hypnotized? If yes, when and how?
- Have you in the past 5 years been addicted to
  - Alcohol?
  - Drugs?
  - Gambling?
  - Sexual license?
  - Illegal activities?
  - Other obsessive/addictive behavior?

If your answer is yes to any of above, please explain. All information is held in confidence. This information helps us determine the intensity with which you study the Teaching. If you are recovering from any of the above illnesses, you will need to study more slowly. If you choose not to disclose any personal information, please understand that you will need to monitor your work closely on your own or have a medical professional monitor the progress of your mental and emotional health.

VIII. Books, Videos, Audios Order Form

# 5: use for any additional items you wish to order

Please list below the books and other materials you wish to order:

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_

Shipping Costs: below are approximate costs for shipping and may change. For an exact quote, please contact us or process your order online. For all non-US shipping, please indicate shipping via air or surface.

For orders of:	\$1.00	-	\$5.00	=	\$2.50
	\$5.01	-	\$10.00	=	\$3.00
	\$10.01	-	\$15.00	=	\$4.50
	\$15.01	-	\$25.00	=	\$6.00
	\$25.01	-	\$35.00	=	\$6.50
	\$35.01	-	\$50.00	=	\$7.00

Add \$0.50 for each additional order of \$5.00

**International orders:** You may order all books directly from TSG (UK) Ltd. Contact Catriona Nason at [www.tsg-uk.org](http://www.tsg-uk.org). Telephone +44 (0) 20 8979 8444. Indicate via air or surface.

**Mail to:**

TSG University  
 Att: Gita Saraydarian  
 P.O. Box 7068  
 Cave Creek, AZ 85327 USA  
 Tel: 480-502-1909  
 Fax: 480-502-0713  
 E-mail: [ttsu@tsgfoundation.org](mailto:ttsu@tsgfoundation.org)

For online registration or further information, visit [www.TorkomSaraydarianUniversity.org](http://www.TorkomSaraydarianUniversity.org).  
 For online product list and audio/video lists, visit [www.tsgfoundation.org](http://www.tsgfoundation.org) or [www.tsg-uk.org](http://www.tsg-uk.org)